GRACESWIMMING

NEWSLETTER TERM 2 2023

Hi Grace Families,

We are nearly at the end of Term 2! We will communicate any important dates and information with you via email. If you don't receive emails from us, please ensure we have the correct contact details for you at the kiosk. You can also ask us if you have any questions.

HELPFUL HINTS: Have you watched our Helpful Hint videos? They cover FAQ, drills & exercises to try at home and more! Head over to the website and have a watch:

graceswim.org.au/helpfulhints

YOUR CHILD'S PROGRESS

• Our Program is ability-based. Within each level there are a range of outcomes that need to be mastered consistently.

 It is important to understand that students will progress at different rates.

• Once a student has mastered a particular skill they are challenged to progress further in that skill. Lesson plans for each level have been developed and evolve to assist instructors in conducting goal orientated lessons and provide consistency.

• The first step to receiving feedback is to approach your Instructor during the lesson. If you have any additional questions, please speak to Andrew or Jaime.

SURVEYS

You should have received an email and text last week about our surveys. We use the feedback provided in our surveys to help train our staff, and improve our customer service. Thank you to everyone who has already provided feedback.

If you haven't filled out a survey but would like to, you can <u>follow this link</u>. It will just take a few minutes.

Thank you very much for your time.



PAYMENT POLICY REMINDER

Please note Learn to Swim fees must be paid in full by the first week of your scheduled lesson unless you have made alternate arrangements with Grace Swimming Management.

MAKEUP POLICY REMINDER

Makeup lessons must be used in the calendar year missed and cannot be rescheduled. You can see the full terms and conditions for makeup lessons on the website: graceswim.org.au/tcs



THE WATER IS WARM!

As the weather gets cooler, we understand it can be difficult to keep up motivation to swim! However, consistency is vital for progress, and our indoor pools are heated to 32 degrees all year round. (And for our Sharks - our outdoor pool is heated to 28 degrees!) Our new blinds are also helping keep the heat in more!

Here are some tips that help our Instructors that will work wonders for you too:

- Ensure you have a towel handy for as soon as you hop out of the pool
- Get out a jumper, dressing gown, jacket anything warm and fluffy and put it on over your towel as soon as you finish in the water

• To keep you EXTRA warm, a Thermos of hot chocolate to have straight after your lesson works perfectly!

FACILITY REMINDER

Please remember there are more toilets, showers and change rooms at the shallow end of the 25m pool.