



Newsletter 99: 7th December 2022

News This Week

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Club President's Message

STATES! STATES! STATES! Good luck to swimmers taking part in QLD State Championship next week individually and in relays.

A reminder for the End of Year Break up Pool Party on Saturday 17th December 2020.

This will be my last newsletter. I wanted to say it has been an honour being part of the committee for the last 3.5 years and associated with Grace swimming since Max was in LTS. The last 2.5 years as President has had its challenges but the support from the committee, coaches and my wife has helped. I have thoroughly enjoyed being part of the Grace Swimming Club and have met many friends along the way.

I wish Lyndsay and the rest of the committee best of luck for the new year.

Have a great Christmas and relaxing break 😊

Yours in swimming for the final time,

David Cunningham
Club President

I would like to take this opportunity to say how much I have enjoyed being part of the Grace swimming family. The lifelong friends we have made and the support that has been shown to us and Max is completely unbelievable. I love the Grace spirit.

Most importantly, I would like to say thank you to Chris and Josh who have supported, encouraged, trained, mentored, and coached Max. He has so much respect for you both. Thank you for everything you have done for him and all the opportunities he has had.

Thank you all for so many amazing years. 😊

Andrea Cunningham
Mrs President

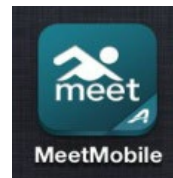


Keeping Up To Date

Our website and Facebook pages are great ways to stay up to date with what is happening. Make sure all your family and friends also like our Facebook page and keep up to date too.

Meet Mobile: For those of you who are new to Club Nights.

Meet Mobile is an “App” which is downloaded and used for tracking your Swimmer’s results each week. Please feel free to ask any of our club members should you have any questions on how to use this App.



Club Payments

Bank Account Details

Please ensure any payments that are related to Grace Swimming Club are deposited to the Swimming Club account with a meaningful reference such as Swimmers Surname and abbreviation of the funds purpose to ensure the funds are allocated to correct swimmer for correct purpose. Account details and suggested reference list follow.

<i>Account Name</i>	<i>Grace Swim Club</i>
<i>BSB</i>	<i>034 059</i>
<i>Account Number</i>	<i>219053</i>
<i>Reference</i>	<i>Swimmer surname & abbreviation of purpose of deposit</i>

Abbreviations

<u>Purpose</u>	<u>Abbreviation</u>	<u>Purpose</u>	<u>Abbreviation</u>	<u>Purpose</u>	<u>Abbreviation</u>
Training Shirt	TS	State Singlet	SS	Trophy Night	TN
Swim Cap	SC	Club Shirt	CS	Associate Membership	AssocM or AM

Any deposits for Squad or Learn to swim fees are to be deposited to the Grace Swimming Operations account, BSB 034059 Account 344735. **We also have a pay square at each club night.**

Should you ever want to clarify the account details or have any enquiry regarding Swimming Club payments you are welcome to contact the treasurer on email at treasurer@graceswim.org.au.

Wishing you all a good week ahead,

Harvey Foroush
Treasurer

Uniform Information

Grace Swimming Uniforms are available for all swimmers who are competing at any level. All swimmers competing at outside meets **must** have a Grace swim cap and Grace polo. Available every club night or contact Renee to book an appointment 😊

Polo’s \$49 (includes name embroidery)	Hoodies \$60	Caps \$20	Trucker hats \$15	T-shirts \$25
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Renee Tragis
Uniform Co-ordinator

2022/23 COMMITTEE

Club President

Lyndsay Lawler
M: 0448 551 069
president@graceswim.org.au

Club Vice-President

Peter Coulson
M: 0407 931 814
vicepresident@graceswim.org.au

Club Registrar

Paul Chambers
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Club Night Co-ordinator

Steve Todd
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clubnight@graceswim.org.au

Club Treasurer

Harvey Foroush M: 0426 905 462
treasurer@graceswim.org.au

Club Secretary

Steve Hind
secretary@graceswim.org.au

Club Race Secretary

Sandra Hill M: 0409 871 190
graceswimming.racesec@gmail.com

Coaches

Chris Phillips
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Josh Duyzer
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General Committee Members

Toni O'Keefe M: 0402 788 594
Garth Kewley M: 0400 906 820
Roydon Puzey M: 0408 534 322

Uniform Co-ordinator

Renee Tragis M: 0420799664
uniforms@graceswim.org.au

Out 'n' About Reports

Sandra Hill
graceswimming.racesec@gmail.com

Newsletters

Toni O'Keefe M: 0402 788 594

Club Night

A big thank you Miss Jaime for assisting **Harper Leutton** with completing her maiden club night swim last week. There were 60 PBs set with three or four best times achieved by **Abbey C, Lauren D, Jett H, Ashlyn K, Casey L & Lachan M**. **Brock M** had a 23 sec PB, **Henry S & Hudson C** an 18 sec PB, **Samuel B** a 16 sec PB, **Sebastian B** a 15 sec PB, and **Noah S** a 13 sec PB. Great improvements!

No records were broken, but qualifying for these longer events were:

200 free: **Casey L, Abbey C**

50/100 breast: **Keira W**

200 breast: **Casey L**

50/100 fly: **Elijah M**

200IM: **Penny B**

Events for next Club Night, **1st Feb 2023**:

We hope everyone has a safe Christmas and New Year break, and return for the first club night in the second week of the new school year. Not returning next year of course are the **Cunningham** family. All the best to you **MAX** as you start at your new club and school. A big thanks to **David** and **Andrea** who have done so much for the Club in the last couple of years, you will be missed, and thanks to those who will be taking over from where you left off.

Events for next Club Night, **1st Feb 2023**:

Event 1:	Event 2:	Event 3:	Event 4:
12.5/25/50/100	12.5/25/50/100	12.5/25/50/100	100/200/400
Free	Back	Breast	IM

All enquiries about club night nominations can be directed to me at:
clubnight@graceswim.org.au

Steve Todd
Club Night Co-ordinator

Out and About

Results

3 December – Nudgee College LC Jnr Transition

Results:

Hayden F (11yr) 1st 50 brs

Casey (12yr) 2nd 200IM

Sheldon (13yr) 1st 50 brs

Meets closed

10 – 16 December - Queensland State Championships - Team Grace
Individual Entries: Samuel, Sebastian, Soha, Elailah, Alia, Olivia, Lily, Macey, Sienna P, Joshua, Lauren, Max, Brock

Meets Open for Nomination 2023

21 January – Bracken Ridge SC Transition Meet – maximum 5 events per swimmer; capped at 125 swimmers per session, age of swimmers 6yr&U to 13yrs closes 13 January 2023

Note: Bracken Ridge SC transition Meet includes 25m races for swimmers 8yr and under – great for Brisbane Jnr Mets (1-2 April) where swimmers 8yrs old swim 25m events in all 4 strokes and 100 free

26 January – Waterworx SC Transition Meet – maximum 5 events per swimmer; capped at 150 swimmers per session, closes 18 January 2023

26 January – Gatton Australia Day Meet

25-28 January – Australian Open Water Championships – qualifying times apply - Busselton WA – Entries close 3 January 2023

2023 Dates to Save

14 January – Lawnton Sprint LC Meet –TARGET MEET**** - 50m events only – this meet is for qualifying times for both Brisbane and Qld Sprint Championships

28-29 January - Brisbane Sprint Championships –TARGET MEET**** - swimmers 8yrs and over - qualifying times apply (tba)

5 February – Belgravia LC Prep Meet **TARGET MEET**

11-12 February – Qld Sprint Championships **TARGET MEET** – swimmers 10yrs and over – qualifying times apply

5 March – Albany Creek SC Transition Meet

10-12 March - Brisbane Snr Metropolitan Championships **TARGET MEET** – for swimmers 13yrs and over qualifying times apply

18-19 March - Speedo Prep Meet & Jess Schipper Challenge **TARGET MEET** – qualifying times apply for swimmers 11yr and over

1-2 April - Brisbane Jnr Metropolitan ChampionshipsTARGET MEET**** – 8yrs to 12yrs, includes 25m relays, qualifying times apply

7-15 April - Australian Age Championships – qualifying times apply (Gold Coast)

17-20 April - Australian Championships – qualifying times apply (Gold Coast)

Nominations for meets are completed through Swim Central

Websites for information:

Swimming Brisbane - <https://swimmingbrisbane.org.au/>

Swimming Queensland - <https://qld.swimming.org.au/>

Swimming Australia - <https://www.swimming.org.au/>

Please note swimming has a short break over Christmas, the long break is between Long Course and Short Course season – mid -April to mid-May.

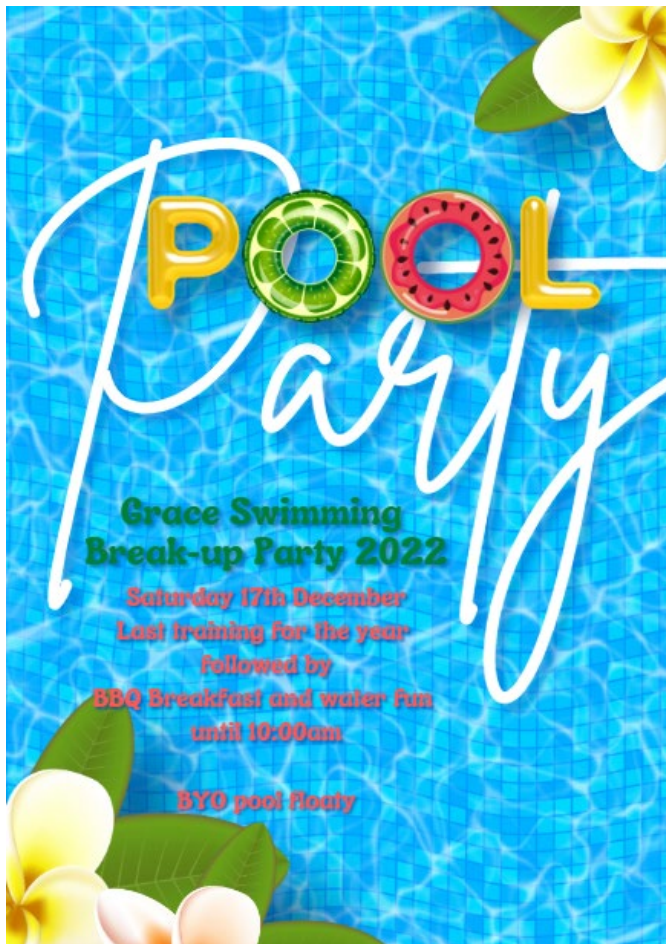
Check your emails for updates

Any queries: graceswimming.racesec@gmail.com

Sandra Hill
Race Secretary

SAVE THE DATES!!

- **Swimmers Christmas party** and last training for 2023: Saturday 17th December Grace Swimming Pool
- **Club Championships:** The weekend of 25th and 26th March, 2023 Grace Swimming Pool
- **22/23 Presentation Night:** Saturday 6th May, 2022 Norths Leagues Club 5:30pm till late



Goodbyes ☹️

I would like to thank the club, the friends I have made and especially my coaches Josh and Chris. Josh and Chris have coached, guided, and mentored me to what I have become today I could not have done anything without them. I never thought that I would be leaving this club, but I am extremely excited for my new adventure and new opportunities. I will see you at Chandler. I promise I will visit. Love you Baker x

Max Cunningham

Hi everyone, my time at grace will come to end after open water nationals as I will be moving to the Sunshine Coast to pursue university and with that swimming at a new club. I would like to say thank you to those who have made being at grace swimming a pleasure over the past five years. I've gone from swimming at school regionals when I first moved here, to now coming fourth at Nationals. None of this would have been remotely possible without my family, Josh, Chris, Brett, my squad mates and everybody here tonight. Although I'm sad to leave I'm extremely excited for this new chapter in my life and I am so very grateful for those of you that have gotten me to this point.

Thank you everyone.

Lily Smith

I would like to say thanks to my Grace Family for a great 5 years. I know I will never experience the same love, support and camaraderie with another club that I have had at Grace.

Heather Smith

After many awesome years with Grace, Elailah is headed for a new adventure! It's not goodbye just see you later..... Thank you Grace Swimming for everything that you have allowed our family to part of. We cannot speak highly enough of everyone involved and the opportunities Elailah has been part of.

Jo, Aaron and Elailah Rodd
