

News This Week

- Club President's Message
- Keeping Up to Date
- Club Payments
- Uniform Information
- Club Night
- Out and About
- Save the dates!

Club President's Message

Where has the time gone? Only 4 more Club Nights for 2022!

Thank you to those who held the fort last week while I was away for work.

We had another great weekend of swimming at the Medal Shots LC prep meet at Chandler. Some fantastic results and of course wonderful Team Grace Spirit.

I encourage all parents to attend the Grace swimming end of year parent's drinks on the 26th November. Please RSVP to Lyndsay as soon as possible.

Our Grace swimming swimmer's break-up party will be held at the pool on Saturday 17th December. Please let me know if you are able to volunteer on this morning to cook the BBQ or supervise the swimmers. It's always a great morning for the kiddos.

As we are gearing up now to State titles for the over 12's, I'd like to take this opportunity to thank our amazing coaches for the planning, dedication and hours they are putting into getting the swimmers ready for one of the biggest comps of the year. 4 weeks to go!!

Thank you to those who have been volunteering each week. Club Night cannot run without volunteers! Please remember we always needed helpers for timekeeping, BBQ duties, Flippers café helpers and marshalling. We have been a bit light on baking lately, so if this interests you, GET BAKING!!

Have a great week 😊

Yours in swimming,

David Cunningham
Club President

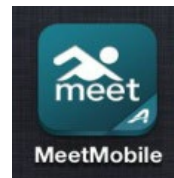


Keeping Up To Date

Our website and Facebook pages are great ways to stay up to date with what is happening. Make sure all your family and friends also like our Facebook page and keep up to date too.

Meet Mobile: For those of you who are new to Club Nights.

Meet Mobile is an “App” which is downloaded and used for tracking your Swimmer’s results each week. Please feel free to ask any of our club members should you have any questions on how to use this App.



Club Payments

Bank Account Details

Please ensure any payments that are related to Grace Swimming Club are deposited to the Swimming Club account with a meaningful reference such as Swimmers Surname and abbreviation of the funds purpose to ensure the funds are allocated to correct swimmer for correct purpose. Account details and suggested reference list follow.

<i>Account Name</i>	<i>Grace Swim Club</i>
<i>BSB</i>	<i>034 059</i>
<i>Account Number</i>	<i>219053</i>
<i>Reference</i>	<i>Swimmer surname & abbreviation of purpose of deposit</i>

Abbreviations

<u>Purpose</u>	<u>Abbreviation</u>	<u>Purpose</u>	<u>Abbreviation</u>	<u>Purpose</u>	<u>Abbreviation</u>
Training Shirt	TS	State Singlet	SS	Trophy Night	TN
Swim Cap	SC	Club Shirt	CS	Associate Membership	AssocM or AM

Any deposits for Squad or Learn to swim fees are to be deposited to the Grace Swimming Operations account, BSB 034059 Account 344735. **We also have a pay square at each club night.**

Should you ever want to clarify the account details or have any enquiry regarding Swimming Club payments you are welcome to contact the treasurer on email at treasurer@graceswim.org.au.

Wishing you all a good week ahead,

Harvey Foroush
Treasurer

Uniform Information

Grace Swimming Uniforms are available for all swimmers who are competing at any level. All swimmers competing at outside meets **must** have a Grace swim cap and Grace polo. Please see Andrea Cunningham or Heather Smith.

Polo's \$49 (includes name embroidery)	Hoodies \$60	Caps \$20	Trucker hats \$15	T-shirts \$25
---	--------------	-----------	-------------------	---------------

Andrea Cunningham and Heather Smith
Uniform Co-ordinators

2022/23 COMMITTEE

Club President

David Cunningham
M: 0439 965 076
president@graceswim.org.au

Club Vice-President

Lyndsay Lawler
M: 0448 551 069
vicepresident@graceswim.org.au

Club Registrar

Paul Chambers
M: 0405 586 623
registrar@graceswim.org.au

Club Night Co-ordinator

Steve Todd
M: 0423 113 179
clubnight@graceswim.org.au

Club Treasurer

Harvey Foroush M: 0426 905 462
treasurer@graceswim.org.au

Club Secretary

Steve Hind
secretary@graceswim.org.au

Club Race Secretary

Sandra Hill M: 0409 871 190
graceswimming.racesec@gmail.com

Coaches

Chris Phillips
chris_phillips@glc.qld.edu.au
Josh Duyzer
joshua_duyzer@glc.qld.edu.au

General Committee Members

Heather Smith M: 0413 275 305
Peter Coulson M: 0407 931 814
Toni O'Keefe M: 0402 788 594

Uniform Co-ordinators

Andrea Cunningham
M: 0407 032 059
Heather Smith
M: 0413 275 305
uniforms@graceswim.org.au

Out 'n' About Reports

Sandra Hill
graceswimming.racesec@gmail.com

Newsletters/Trophy Night

Andrea Cunningham
M: 0407 032 059

Club Night

After the coolness of the last couple of weeks, tonight promises to be a balmy spring night with no need for jumpers. Well that was the prediction at the time of writing anyway. **Leo's** PB last week lowered the 25m back record.

Male 5yrs 25 Back NEW: 29.89 Leopold Rattenbury 9/11/2022
30.68 Leopold Rattenbury 26/10/2022

Swimmers continue to improve, with 75 best time swims. **Samantha B, Abbey C, Hayden F, Lachlan F, Rachael G, Depp H, Ashlyn K, Abby K, Jacob M, Hunter M, Lachlan M, Samuel P, Freya S, Chloe W, Keira W** all had a PB swim of over 4 seconds, with **Lachlan M** posting the largest improvement with 27 secs off his IM time.

Qualifying for 50/100m breaststroke: **Hudson C, Noah S.**

200 freestyle: **Jack R.**

200 backstroke: **Sheldon V, Ashlyn K, Abbey C.**

200 IM: **Jacob M, Abby K.**

400 IM: **Xander M, Sienna P.**

Events for next club night, **23/11/22:**

200/400/800/1500 Freestyle	12.5/25/50/100 Butterfly	12.5/25/50/100 Freestyle	12.5/25/50/100 Backstroke
--------------------------------------	------------------------------------	------------------------------------	-------------------------------------

All enquiries about club night nominations can be directed to me at:

clubnight@graceswim.org.au

Steve Todd
Club Night Co-ordinator

Out and About

Results

12-13 November – Medal Shots LC Prep Meet #2

Alia (14yr) 3rd 1500 free, 9th 200 free, 17th 200 back

Lily (17yr) 4th 200 free, 5th 200 back

Macey (13yr) 8th 50 free, 10th 100 back

Lauren (16yr) 10th 50 fly

Soha (14yr) 15th 100 back, 15th 200 back, 16th 200 free

Sam (14th) 19th 200 free

Meets closed

20 November – Albany Creek LC Prep Meet

26 November – Rackley Hibiscus LC Transition Meet

Meets Open for Nomination

27 November – Churchie Jnr SC Transition Meet – Maximum 5 events per swimmer, capped at 150 swimmers per session, closes 18 November, minimum age 5yrs&U, Rule Tolerance applies to 7yr&U events
3 December – Nudgee College LC Jnr Transition – Minimum Age 7yrs – entries close 22 November
10 December – Queensland State Championships Relay Day (10yr &over)
Relays on offer by age 10yr, 12&U, 14&U, 16&U: Free, Medley, Mixed Free, Mixed medley (1 swimmer can do 3 of these age relays)
11 – 16 December - Queensland State Championships - qualifying times apply, for swimmers 12yrs and over – closes 22 November

2023 Dates to Save

14 January – Lawnton Sprint LC Meet – 50m events only – this meet is for swimmers to qualify for Brisbane & Qld Sprint championships
26 January – Waterworx SC Transition Meet – maximum 5 events per swimmer; capped at 150 swimmers per session, closes 18 January
26 January – Australia Day LC Meet Gatton
25-28 January – Australian Open Water Championships – qualifying times apply - Busselton WA
28-29 January - Brisbane Sprint Championships – swimmers 8yrs and over - qualifying times apply
5 February – Belgravia LC Prep Meet
11-12 February – Qld Sprint Championships – swimmers 10yrs and over
10-12 March - Brisbane Snr Metropolitan Championships – for swimmers 13yrs and over qualifying times apply
18-19 March - Speedo Prep Meet & Jess Schipper Challenge – qualifying times apply for swimmers 11yr and over
1-2 April - Brisbane Jnr Metropolitan Championships – 8yrs to 12yrs, includes 25m relays, qualifying times apply
7-15 April - Australian Age Championships – qualifying times apply (Gold Coast)
17-20 April - Australian Championships – qualifying times apply (Gold Coast)

Nominations for meets are completed through Swim Central

Websites for information:

Swimming Brisbane - <https://swimmingbrisbane.org.au/>

Swimming Queensland - <https://qld.swimming.org.au/>

Swimming Australia - <https://www.swimming.org.au/>

Check your emails for updates

Any queries: graceswimming.racesec@gmail.com

Sandra Hill
Race Secretary



SAVE THE DATES!!

- **Grace Swimming Parents Christmas Drinks:** Saturday 26th November Era Bar and Grill
- **Swimmers Christmas party** and last training for 2023: Saturday 17th December Grace Swimming Pool
- **Club Championships:** The weekend of 25th and 26th March, 2023 Grace Swimming Pool
- **22/23 Presentation Night:** Saturday 6th May, 2022 Norths Leagues Club 5:30pm till late

