

News This Week

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Keira - Lucky Lane winner at Southern Cross 😊

Club President's Message

Another great week of swimming! Amazing swimming by all who completed at the Southern Cross Transition meet on Sunday. Some great PB's, State times achieved and another fantastic exhibition of the Grace Swimming spirit.

Best of luck to everyone swimming this weekend at Medal Shots. I am sure we will get some more state qualifying times.

As some of you may have heard, The Cunningham's will be leaving Grace Swimming at the end of the year. Max has been given an opportunity that we simply cannot refuse. We will be eternally grateful for the friendships we have made along our journey at Grace Swimming.

We are especially grateful to Coach Josh and Coach Chris who have moulded Max into the swimmer and person he is today and we cannot thank them enough for everything they have done.

But this is not goodbye tonight. I just thought I would put it out there if you hadn't already heard. The committee will be meeting to discuss the changes that will be made.

Have a great week 😊

Yours in swimming,

David Cunningham
Club President

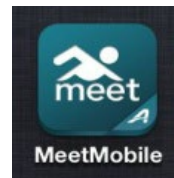


Keeping Up To Date

Our website and Facebook pages are great ways to stay up to date with what is happening. Make sure all your family and friends also like our Facebook page and keep up to date too.

Meet Mobile: For those of you who are new to Club Nights.

Meet Mobile is an “App” which is downloaded and used for tracking your Swimmer’s results each week. Please feel free to ask any of our club members should you have any questions on how to use this App.



Club Payments

Bank Account Details

Please ensure any payments that are related to Grace Swimming Club are deposited to the Swimming Club account with a meaningful reference such as Swimmers Surname and abbreviation of the funds purpose to ensure the funds are allocated to correct swimmer for correct purpose. Account details and suggested reference list follow.

<i>Account Name</i>	<i>Grace Swim Club</i>
<i>BSB</i>	<i>034 059</i>
<i>Account Number</i>	<i>219053</i>
<i>Reference</i>	<i>Swimmer surname & abbreviation of purpose of deposit</i>

Abbreviations

<u>Purpose</u>	<u>Abbreviation</u>	<u>Purpose</u>	<u>Abbreviation</u>	<u>Purpose</u>	<u>Abbreviation</u>
Training Shirt	TS	State Singlet	SS	Trophy Night	TN
Swim Cap	SC	Club Shirt	CS	Associate Membership	AssocM or AM

Any deposits for Squad or Learn to swim fees are to be deposited to the Grace Swimming Operations account, BSB 034059 Account 344735. **We also have a pay square at each club night.**

Should you ever want to clarify the account details or have any enquiry regarding Swimming Club payments you are welcome to contact the treasurer on email at treasurer@graceswim.org.au.

Wishing you all a good week ahead,

Harvey Foroush
Treasurer

Uniform Information

Grace Swimming Uniforms are available for all swimmers who are competing at any level. All swimmers competing at outside meets **must** have a Grace swim cap and Grace polo. Please see Andrea Cunningham or Heather Smith.

Polo's \$49 (includes name embroidery)	Hoodies \$60	Caps \$20	Trucker hats \$15	T-shirts \$25
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Andrea Cunningham and Heather Smith
Uniform Co-ordinators

2022/23 COMMITTEE

Club President

David Cunningham
M: 0439 965 076
president@graceswim.org.au

Club Vice-President

Lyndsay Lawler
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Club Registrar

Paul Chambers
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Club Night Co-ordinator

Steve Todd
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Club Treasurer

Harvey Foroush M: 0426 905 462
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Club Secretary

Steve Hind
secretary@graceswim.org.au

Club Race Secretary

Sandra Hill M: 0409 871 190
graceswimming.racesec@gmail.com

Coaches

Chris Phillips
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Josh Duyzer
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General Committee Members

Heather Smith M: 0413 275 305
Peter Coulson M: 0407 931 814
Toni O'Keefe M: 0402 788 594

Uniform Co-ordinators

Andrea Cunningham
M: 0407 032 059
Heather Smith
M: 0413 275 305
uniforms@graceswim.org.au

Out 'n' About Reports

Sandra Hill
graceswimming.racesec@gmail.com

Newsletters/Trophy Night

Andrea Cunningham
M: 0407 032 059

Club Night

Our numbers continue to swell, with **Josh** and **Jasmine Ellis** having a trial night. We hope you join us for the season. The "Enterprise" continued on his voyage of discovery last week, locating an unexplored galaxy, in the form of 100m free. **Leo** was joined by his brother **Jack** who broke a previous record by over 11 seconds. Congratulations to the Rattenbury boys on your Club Night records.

Male 5yrs 100 Free First: 2:04.05 Leopold Rattenbury 2/11/2022

Male 9yrs 200 Back New: 3:32.82 Jack Rattenbury 2/11/2022
3:44.39 Zarcquae Harvey 16/02/2011

87 PB swims last week. **Macey L** 17secs, **Lachlan M** 13secs, **Depp H** 11secs, **Jacob M** 10secs, **Maddison M** 11secs, **Xander M** 11secs & **Henry S** 10secs had 2-digit improvements.

Qualifying times were achieved for swimmers to progress to these distances:

200 free: **Oliver A, Maddox P, Lachlan M.**

200 breast: **Kristian N, Ethan H.**

50/100 fly: **Leni T.**

Events for next week, 16/11/2022:

200 Breast	12.5/25/50/100 Back	12.5/25/50/100 Fly	12.5/25/50/100 Free
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All enquiries about club night nominations can be directed to me at:

clubnight@graceswim.org.au

Steve Todd
Club Night Co-ordinator

Out and About

Results

6 November - Southern Cross LC Transition Meet

Jnr:

Jack R (9yr) 1st 200 free, 1st 100 free, 1st 200IM, 2nd 100 brs, 2nd 100back

Lachlan M (10yr) 2nd 100 free, 3rd 100 brs, 3rd 200IM

Ethan (10yr) 3rd 100brs, 3rd 50brs, 3rd 100 back

Hayden (11yr) 2nd 100 brs, 3rd 200IM

Hayley (11yr) 2nd 200 IM

Freya (11yr) 3rd 200IM

Snr:

Alia (14yr) 1st 100 back, 3rd 200 free, 3rd 100 free

Casey (12yr) 2nd 100 back

Joshua (13yr) 3rd 100 free



Meets closed

12-13 November – Medal Shots LC Prep Meet #2

Team Grace: Sebastian, Samuel, Lauren, Sienna P, Alia, Sheldon, Macey, Elailah, Soha, Mia, Lily

20 November – Albany Creek LC Prep Meet

Meets Open for Nomination

26 November – Rackley Hibiscus LC Transition Meet – Minimum Age is 7yrs; Closes Tuesday 15th November; maximum entries per swimmer is 5, flat fee \$35; Junior Session (7-10 years): Warm up from 11:15am, racing from 12pm

Senior Session (11 years +): Warm up and racing not before 2pm – time TBC; Entries capped at 150 swimmers per session

27 November – Churchie Jnr SC Transition Meet – Maximum 5 events per swimmer, capped at 150 swimmers per session, closes 18 November, minimum age 5yrs&U, Rule Tolerance applies to 7yr&U events

3 December – Nudgee College LC Jnr Transition – Minimum Age 7yrs – entries close 22 November

10 December – Queensland State Championships Relay Day (10yr & over)

Relays on offer by age 10yr, 12&U, 14&U, 16&U: Free, Medley, Mixed Free, Mixed medley (1 swimmer can do 3 of these age relays)

11 – 16 December - Queensland State Championships - qualifying times apply, for swimmers 12yrs and over – closes 22 November

2023 Dates to Save

14 January – Lawnton Sprint LC Meet – 50m events only – this meet is for swimmers to qualify for Brisbane & Qld Sprint championships

26 January – Waterworx SC Transition Meet – maximum 5 events per swimmer; capped at 150 swimmers per session, closes 18 January

26 January – Australia Day LC Meet Gatton

25-28 January – Australian Open Water Championships – qualifying times apply - Busselton WA

28-29 January - Brisbane Sprint Championships – swimmers 8yrs and over - qualifying times apply

5 February – Belgravia LC Prep Meet

11-12 February – Qld Sprint Championships – swimmers 10yrs and over

10-12 March - Brisbane Snr Metropolitan Championships – for swimmers 13yrs and over qualifying times apply

18-19 March - Speedo Prep Meet & Jess Schipper Challenge – qualifying times apply for swimmers 11yr and over

1-2 April - Brisbane Jnr Metropolitan Championships – 8yrs to 12yrs, includes 25m relays, qualifying times apply

7-15 April - Australian Age Championships – qualifying times apply (Gold Coast)

17-20 April - Australian Championships – qualifying times apply (Gold Coast)

Websites for information:

Swimming Brisbane - <https://swimmingbrisbane.org.au/>

Swimming Queensland - <https://qld.swimming.org.au/>

Swimming Australia - <https://www.swimming.org.au/>

Nominations for meets are completed through Swim Central

Competitive members can attend outside meets and also 8yr & U members – you have competitive membership included in your membership – so you can race at outside meets too

Check your emails for updates

Any queries: graceswimming.racesec@gmail.com

Sandra Hill

Race Secretary



SAVE THE DATES!!

- **Grace Swimming Parents Christmas Drinks:** Saturday 26th November Era Bar and Grill
- **Swimmers Christmas party** and last training for 2023: Saturday 17th December Grace Swimming Pool
- **Club Championships:** The weekend of 25th and 26th March, 2023 Grace Swimming Pool
- **22/23 Presentation Night:** Saturday 6th May, 2022 Norths Leagues Club 5:30pm till late

