



## GRACE SWIMMING

# Newsletter 93 26<sup>th</sup> October 2022

### News This Week

- Club President's Message
- Keeping Up to Date
- Club Payments
- Uniform Information
- Club Night
- Out and About
- Save the dates!
- Photos from Redcliffe Swim meet

### Club President's Message

I hope you all managed to stay safe and dry with the of the rain over the past week. Even though there was so much rain, there was still a lot of competitive swimming to be done at the Redcliffe Swim meet on Sunday.

We had 37 swimmers compete, with many swimming PB's, lots of medals hanging from necks and of course we celebrated Ashlyn's birthday with an amazing cake! Thanks to Coach Josh for a fantastic, but busy day at the pool!

There is a lot coming up over the next few weeks in the lead up to the Christmas break. There are many opportunities for our swimmers to compete. Please see Sandra's Out and About section.

This Sunday is the Brisbane Relays. Congratulations to all who have been selected. You would have received an email from me with team lists and information about the bus. The bus will be leaving from Grace Swimming at 6:30am sharp on Sunday. Please remember to let me know if your child will be catching the bus. It is always great to cheer on all Grace Swimming relay teams for the day. The bus is a one-way bus, so swimmers will need to be picked up from Chandler. We would love to have parents and friends come down and cheer on team Grace!

Please remember, club nights cannot run without volunteers. We are still looking for a regular BBQ chef and more people to help in Flippers Cafe. There are always many ways to volunteer. Timekeeping, BBQ, Flippers helpers, baking and marshalling. Every family is expected to volunteer.

Unfortunately, Andrea will be stepping away from the newsletter and uniforms at the end of this year. If you are interested in taking over these roles, please see Lyndsay or myself for further information.

This week marks my 40<sup>th</sup> Birthday! Thank you for all the birthday wishes and old man jokes!

Yours in swimming,

*David Cunningham*  
Club President

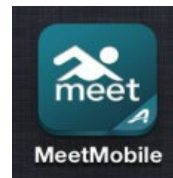


## Keeping Up To Date

**Our website and Facebook pages** are great ways to stay up to date with what is happening. Make sure all your family and friends also like our Facebook page and keep up to date too.

**Meet Mobile:** For those of you who are new to Club Nights.

Meet Mobile is an “App” which is downloaded and used for tracking your Swimmer’s results each week. Please feel free to ask any of our club members should you have any questions on how to use this App.



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## Club Payments

### Bank Account Details

Please ensure any payments that are related to Grace Swimming Club are deposited to the Swimming Club account with a meaningful reference such as Swimmers Surname and abbreviation of the funds purpose to ensure the funds are allocated to correct swimmer for correct purpose. Account details and suggested reference list follow.

<i>Account Name</i>	<i>Grace Swim Club</i>
<i>BSB</i>	<i>034 059</i>
<i>Account Number</i>	<i>219053</i>
<i>Reference</i>	<i>Swimmer surname &amp; abbreviation of purpose of deposit</i>

### Abbreviations

<u>Purpose</u>	<u>Abbreviation</u>	<u>Purpose</u>	<u>Abbreviation</u>	<u>Purpose</u>	<u>Abbreviation</u>
Training Shirt	TS	State Singlet	SS	Trophy Night	TN
Swim Cap	SC	Club Shirt	CS	Associate Membership	AssocM or AM

Any deposits for Squad or Learn to swim fees are to be deposited to the Grace Swimming Operations account, BSB 034059 Account 344735. **We also have a pay square at each club night.**

Should you ever want to clarify the account details or have any enquiry regarding Swimming Club payments you are welcome to contact the treasurer on email at [treasurer@graceswim.org.au](mailto:treasurer@graceswim.org.au).

Wishing you all a good week ahead,

*Harvey Foroush*  
*Treasurer*

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## Uniform Information

Grace Swimming Uniforms are available for all swimmers who are competing at any level. All swimmers competing at outside meets **must** have a Grace swim cap and Grace polo. Please see Andrea Cunningham or Heather Smith.

Polo's \$49 (includes name embroidery)	Hoodies \$60	Caps \$20	Trucker hats \$15	T-shirts \$25
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*Andrea Cunningham and Heather Smith*  
*Uniform Co-ordinators*

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## 2022/23 COMMITTEE

### Club President

David Cunningham  
M: 0439 965 076  
[president@graceswim.org.au](mailto:president@graceswim.org.au)

### Club Vice-President

Lyndsay Lawler  
M: 0448 551 069  
[vicepresident@graceswim.org.au](mailto:vicepresident@graceswim.org.au)

### Club Registrar

Paul Chambers  
M: 0405 586 623  
[registrar@graceswim.org.au](mailto:registrar@graceswim.org.au)

### Club Night Co-ordinator

Steve Todd  
M: 0423 113 179  
[clubnight@graceswim.org.au](mailto:clubnight@graceswim.org.au)

### Club Treasurer

Harvey Foroush M: 0426 905 462  
[treasurer@graceswim.org.au](mailto:treasurer@graceswim.org.au)

### Club Secretary

Steve Hind  
[secretary@graceswim.org.au](mailto:secretary@graceswim.org.au)

### Club Race Secretary

Sandra Hill M: 0409 871 190  
[graceswimming.racesec@gmail.com](mailto:graceswimming.racesec@gmail.com)

### Coaches

Chris Phillips  
[chris\\_phillips@glc.qld.edu.au](mailto:chris_phillips@glc.qld.edu.au)  
Josh Duyzer  
[joshua\\_duyzer@glc.qld.edu.au](mailto:joshua_duyzer@glc.qld.edu.au)

### General Committee Members

Heather Smith M: 0413 275 305  
Peter Coulson M: 0407 931 814  
Toni O'Keefe M: 0402 788 594

### Uniform Co-ordinators

**Andrea Cunningham**  
M: 0407 032 059  
**Heather Smith**  
M: 0413 275 305  
[uniforms@graceswim.org.au](mailto:uniforms@graceswim.org.au)

### Out 'n' About Reports

Sandra Hill  
[graceswimming.racesec@gmail.com](mailto:graceswimming.racesec@gmail.com)

### Newsletters/Trophy Night

Andrea Cunningham  
M: 0407 032 059

## Club Night

**Benjamin Parker and Harrison Leutton** joined us for a night trial last week. Although it was a wet night, we hope you enjoyed the experience and come again.

**Leo** and **Max** continued their assault on their new respective age group records, with a pair apiece, breaking the previous records by fractions of a second in each case.

**Male 5yrs 25 Back New: 30.97 Leopold Rattenbury 19/10/2022**  
31.11 Morgan Chippendale 24/02/2010

**Male 5yrs 100 IM New: 2:29.62 Leopold Rattenbury 19/10/2022**  
2:30.18 Morgan Chippendale 3/03/2010

**Male 13yrs 100 Free New: 1:02.49 Max Cunningham 19/10/2022**  
1:02.54 Luke Vacca 9/11/2005

**Male 13yrs 100 IM New: 1:14.85 Max Cunningham 19/10/2022**  
1:15.49 Daniel Wilden 20/10/2010

81 PB swims were swum, with **Curtis R** scoring 26pts from a maximum 28pts on his club night return. Some big improvements were achieved, with **Leo R** dropping his 100IM time by 51 secs! **Sebastian B** 25 secs, **Samantha B** 17 secs, **Abbey C** 13 secs, **Lachlan F** 13 secs, **Josh M** 11 secs, **Xander M** 11 secs, **Jack R** 11 & 12 secs, **Levi S** 28 & 10 secs, **Mitzi W** 13 secs, **Totti W** 14 secs and **Keira W** 18 secs, being the double digit improvers.

25m swimmers who swam under the qualifying times for 50/100m events were:

Back: **Penny B.**  
Fly: **Penny B, Connor P.**

Also qualifying for:

200 Free: **Sienna H, Chloe W, Hayden F, Kristian N.**

200 Back: **Soha F.**

200 IM: **Sienna H, Kristian N, Mitzi W, Abbey C, Ethan H.**

400 IM: **Lauren D, JohnR, Sheldon V, Sebastian B.**

**Remember:** 25m swimmers who have qualified for a 50m event do not accrue points if they continue to swim 25m in that stroke.

200	12.5/25/50/100	12.5/25/50/100	12.5/25/50/100
Backstroke	Free	Breast	Fly

Events for next week 2<sup>nd</sup> November:

All enquiries about club night nominations are best directed to me at:  
[clubnight@graceswim.org.au](mailto:clubnight@graceswim.org.au) not to Paul at the Registrar email address.

*Steve Todd*  
Club Night Co-ordinator

## **Out and About**

### **Results**

#### **23 October – Redcliffe LC Prep Meet**

##### **Jnr Session:**

Jack R (9yr) – 1<sup>st</sup> 200 free, 2<sup>nd</sup> 200IM, 2<sup>nd</sup> 100 back, 2<sup>nd</sup> 100 free, 2<sup>nd</sup> 100 brs

Maddison M (9yr) – 1<sup>st</sup> 100 back, 2<sup>nd</sup> 50 brs, 2<sup>nd</sup> 100 brs, 3<sup>rd</sup> 50 back

Matthew (10yr) – 2<sup>nd</sup> 50 back

Lachlan (9yr) - 2<sup>nd</sup> 200Im

Oliver (11yr) – 3<sup>rd</sup> 50 free, 3<sup>rd</sup> 50 brs

David (10yr) – 3<sup>rd</sup> 50 brs

##### **Snr Session:**

Olivia (14yr) – 1<sup>st</sup> 50 free, 1<sup>st</sup> 50 fly, 1<sup>st</sup> 100 fly, 1<sup>st</sup> 100 free, 2<sup>nd</sup> 200 free

Max (13yr) – 1<sup>st</sup> 200 fly, 1<sup>st</sup> 100 free, 2<sup>nd</sup> 50 fly, 2<sup>nd</sup> 100 fly

Alia (14yr) – 1<sup>st</sup> 200 free, 1<sup>st</sup> 1500 free, 2<sup>nd</sup> 100 free

Macey (13yr) - 1<sup>st</sup> 200IM, 2<sup>nd</sup> 200 free, 2<sup>nd</sup> 100 free, 3<sup>rd</sup> 200 back

Soha (14yr) – 1<sup>st</sup> 100 back, 2<sup>nd</sup> 200IM, 2<sup>nd</sup> 100 free, 3<sup>rd</sup> 200 free

Samuel (14yr) – 1<sup>st</sup> 400 free, 2<sup>nd</sup> 100 free, 3<sup>rd</sup> 50 free

Samantha (14yr) – 1<sup>st</sup> 50 back, 2<sup>nd</sup> 400 free, 3<sup>rd</sup> 200IM

Sheldon (13yr) – 1<sup>st</sup> 100 brs, 3<sup>rd</sup> 50 brs

Lily (17yr) 1<sup>st</sup> 800 free

Joshua (13yr) – 2<sup>nd</sup> 50 back, 2<sup>nd</sup> 800 free, 3<sup>rd</sup> 400 free

Mia (15yr) – 2<sup>nd</sup> 200 free, 2<sup>nd</sup> 100 free

John (14yr) – 2<sup>nd</sup> 100 free, 3<sup>rd</sup> 50 brs

Maddison C (16yr) – 3<sup>rd</sup> 200 free, 3<sup>rd</sup> 100 fly

Bronte (13yr) – 3<sup>rd</sup> 50 brs

Casey (12yr) - 3<sup>rd</sup> 200IM

### **Meets closed**

#### **30 October – Brisbane Relay Championships**

### **Upcoming Meets**

5 November - Gympie LC Transition Meet

**6 November - Southern Cross LC Transition Meet** – closes 30 October

Junior Session: Warm up 7:30 – 8:15. Competition starts at 8:30am

Senior Session: Warm up and racing not before 10:30am; Minimum Age is 7yrs - Maximum of 5 events per swimmer and meet will be capped at 150 competitors per

**12-13 November – Medal Shots LC Prep Meet #2** – **\*\*TARGET MEET\*\*** for swimmers 12yrs and over, qualifying times apply, closing date 1 November

18-20 November - City of Charm LC (Bundaberg)

**20 November – Albany Creek LC Prep Meet** - **\*\*TARGET MEET\*\***, last chance for state championships qualifying times; great meet for younger swimmers to get Brisbane Sprint/Jnr Mets qualifying times – closing date 8 November

**26 November – Rackley Hibiscus LC Transition Meet** – Minimum Age is 7yrs; Closes Tuesday 15<sup>th</sup> November; maximum entries per swimmer is 5, flat fee \$35; Junior Session (7-10 years): Warm up from 11:15am, racing from 12pm

Senior Session (11 years +): Warm up and racing not before 2pm – time TBC; Entries capped at 150 swimmers per session

3 December – Ipswich Grammar LC Transition

3 December – Nudgee College Jnr Transition

**10 December – Queensland State Championships Relay Day (10yr & over)**

**11 – 16 December - Queensland State Championships - qualifying times apply, for swimmers 12yrs and over**

## **2023 Dates to Save**

**14 January – Lawnton Sprint LC Meet** – 50m events only – this meet is for swimmers to qualify for Brisbane & Qld Sprint championships

**25-28 January – Australian Open Water Championships** – qualifying times apply - Busselton WA

**28-29 January - Brisbane Sprint Championships** – swimmers 8yrs and over - **qualifying times apply**

**5 February – Belgravia LC Prep Meet**

**11-12 February – Qld Sprint Championships** – swimmers 10yrs and over

**10-12 March - Brisbane Snr Metropolitan Championships** – for swimmers 13yrs and over **qualifying times apply**

**18-19 March - Speedo Prep Meet & Jess Schipper Challenge** – **qualifying times apply for swimmers 11yr and over**

**1-2 April - Brisbane Jnr Metropolitan Championships** – 8yrs to 12yrs, includes 25m relays, **qualifying times apply**

**7-15 April - Australian Age Championships** – **qualifying times apply (Gold Coast)**

**17-20 April - Australian Championships** – **qualifying times apply (Gold Coast)**

**Nominations for meets are completed through Swim Central**

Competitive members can attend outside meets and also 8yr & U members – you have competitive membership included in your membership – so you can race at outside meets too

**Check your emails for updates**

**Any queries: [graceswimming.racesec@gmail.com](mailto:graceswimming.racesec@gmail.com)**

*Sandra Hill*

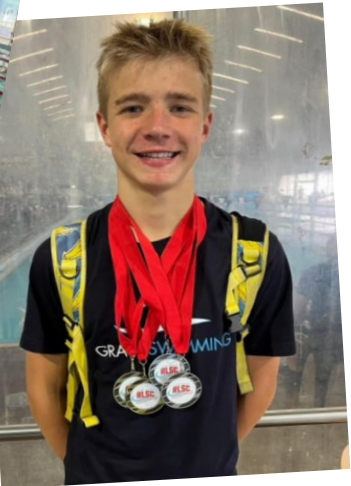
*Race Secretary*

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## **SAVE THE DATES!!**

- **Grace Swimming Parents Christmas Drinks:** Saturday 26<sup>th</sup> November Venue TBA
- **Swimmers Christmas party** and last training for 2023: Saturday 17<sup>th</sup> December Grace Swimming Pool
- **Club Championships:** The weekend of 25<sup>th</sup> and 26<sup>th</sup> March, 2023
- **22/23 Presentation Night:** Saturday 6<sup>th</sup> May, 2022 Norths Leagues Club





GRACE SWIMMING