



GRACE SWIMMING

Newsletter 92 19th October 2022

News This Week

- Club President's Message
- Keeping Up to Date
- Club Payments
- Uniform Information
- Club Night
- Out and About
- Save the dates!

Club President's Message

What a week of swimming we have had! Congratulations to all of the swimmers who have qualified for Open Water Nationals! We are really building a great team of Open Water swimmers! Also, we had quite a few swimmers competing over the weekend at Genesis. So much bling for Grace swimmers!

We have several meets coming up in October and November, please keep an eye out for emails from our race secretary with information.

Just a reminder that each week we need volunteers for timekeeping, cooking the BBQ and in Flippers. Please reach out and help, if its your first time that's ok, we will show you what to do.

Please remember to get your nominations in online by 5pm the Monday prior, this will allow our Club Night Coordinator to get start lists ready to ensure the night runs smoothly.

Yours in swimming,

David Cunningham
Club President

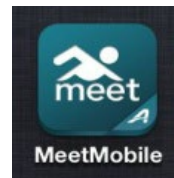


Keeping Up To Date

Our website and Facebook pages are great ways to stay up to date with what is happening. Make sure all your family and friends also like our Facebook page and keep up to date too.

Meet Mobile: For those of you who are new to Club Nights.

Meet Mobile is an “App” which is downloaded and used for tracking your Swimmer’s results each week. Please feel free to ask any of our club members should you have any questions on how to use this App.



Club Payments

Bank Account Details

Please ensure any payments that are related to Grace Swimming Club are deposited to the Swimming Club account with a meaningful reference such as Swimmers Surname and abbreviation of the funds purpose to ensure the funds are allocated to correct swimmer for correct purpose. Account details and suggested reference list follow.

<i>Account Name</i>	<i>Grace Swim Club</i>
<i>BSB</i>	<i>034 059</i>
<i>Account Number</i>	<i>219053</i>
<i>Reference</i>	<i>Swimmer surname & abbreviation of purpose of deposit</i>

Abbreviations

<u>Purpose</u>	<u>Abbreviation</u>	<u>Purpose</u>	<u>Abbreviation</u>	<u>Purpose</u>	<u>Abbreviation</u>
Training Shirt	TS	State Singlet	SS	Trophy Night	TN
Swim Cap	SC	Club Shirt	CS	Associate Membership	AssocM or AM

Any deposits for Squad or Learn to swim fees are to be deposited to the Grace Swimming Operations account, BSB 034059 Account 344735. **We also have a pay square at each club night.**

Should you ever want to clarify the account details or have any enquiry regarding Swimming Club payments you are welcome to contact the treasurer on email at treasurer@graceswim.org.au.

Wishing you all a good week ahead,

Harvey Foroush
Treasurer

Uniform Information

Grace Swimming Uniforms are available for all swimmers who are competing at any level. All swimmers competing at outside meets **must** have a Grace swim cap and Grace polo. Please see Andrea Cunningham or Heather Smith.

Polo's \$49 (includes name embroidery)	Hoodies \$60	Caps \$20	Trucker hats \$15	T-shirts \$25
-------------------------------------------	--------------	-----------	-------------------	---------------

Andrea Cunningham and Heather Smith
Uniform Co-ordinators

2022/23 COMMITTEE

Club President

David Cunningham
M: 0439 965 076
president@graceswim.org.au

Club Vice-President

Lyndsay Lawler
M: 0448 551 069
vicepresident@graceswim.org.au

Club Registrar

Paul Chambers
M: 0405 586 623
registrar@graceswim.org.au

Club Night Co-ordinator

Steve Todd
M: 0423 113 179
clubnight@graceswim.org.au

Club Treasurer

Harvey Foroush M: 0426 905 462
treasurer@graceswim.org.au

Club Secretary

Steve Hind
secretary@graceswim.org.au

Club Race Secretary

Sandra Hill M: 0409 871 190
graceswimming.racesec@gmail.com

Coaches

Chris Phillips
chris_phillips@glc.qld.edu.au
Josh Duyzer
joshua_duyzer@glc.qld.edu.au

General Committee Members

Heather Smith M: 0413 275 305
Peter Coulson M: 0407 931 814
Toni O'Keefe M: 0402 788 594

Uniform Co-ordinators

Andrea Cunningham
M: 0407 032 059
Heather Smith
M: 0413 275 305
uniforms@graceswim.org.au

Out 'n' About Reports

Sandra Hill
graceswimming.racesec@gmail.com

Newsletters/Trophy Night

Andrea Cunningham
M: 0407 032 059

Club Night

Sienna & Ethan Harte blistered down the pool last week whilst checking out club night. We hope you join us for the duration of the season. **Mia Clark & Connor Puzey** also had their first club night as club members. Welcome to all.

Leo Rattenbury broke his first club night record as a 5yr old, in his 25m free swim. We had 104 PB swims with **Samuel B, Tilli E, Depp H, Flora H, Leo L, Nolan L, Lachlan M, Axel M, Declan M, Sienna P, Leo R, Tessa S, Mitzi W & Chloe W** producing the largest improvements.

Male 5yrs 25 Free **NEW: 24.75 Leopold Rattenbury 12/10/2022**
Old: 25.15 Morgan Chippendale 03/03/2010

25m swimmers who swam under the qualifying times for 50/100m events were:

Freestyle: **Sienna H, Ethan H, Elijah M, Connor P, Nolan L, Declan M, Leo R.**

Backstroke: **Sienna H, Ethan H, Elijah M.**

Breaststroke: **Sienna H, Ethan H, Nolan L, Elijah M, Lily Jo.**

Butterfly: **Sienna H, Ethan H.**

No qualifying times to move from 12.5m to 25m events. Once a swimmer has qualified for 50/100m events they may continue to swim 25m events, but they will not accrue points for those swims. See the Handbook on the website for full details about qualifying times and how to qualify for longer distances. When nominating each week, please ensure you enter the distance you wish to swim in each stroke, not just the stroke, as the crystal ball broke many years ago. If you have not qualified for a distance, you will be entered into a shorter distance if applicable.

Events for next week 26th October:

200/400/800/1500 Freestyle	12.5/25/50/100 Back	12.5/25/50/100 Free	12.5/25/50/100 Breast
-------------------------------	------------------------	------------------------	--------------------------

All enquiries about club night nominations are best directed to me at:
clubnight@graceswim.org.au not to Paul at the Registrar email address.

Steve Todd
Club Night Co-ordinator

Out and About

Results

15 October - QLD Open Water Championships:

Amazing Effort by Team Grace on Saturday with all swimmers finishing in the top 20:

Team Grace: Lily, Samuel, Joshua, Alia, Olivia, Henry, Ben, Maddie C, Samantha

Results:

Lily (17yr) 5km – 1st

Joshua (13yr) 5km – 6th

Alia (14yr) 5km – 7th

Samuel (14yr) 5km – 11th

Ben (19&Over) 10km 11th

Maddison-Rose (16yr) 5km – 13th
Olivia (14yr) 5km – 15th
Henry (12yr) 2.5km – 17th
Samantha (14yr) 5km – 19th

Congratulations also to Joshua, Samuel, Alia, Lily, Olivia and Samantha who have all qualified for National Open Water championships

16 October – Genesis SC Transition Meet – Team Grace: Samantha, Levi, Sheldon, Maddison M, Leopold, Jack R, Lachlan, Kristian, Hayley, Abigail, Chloe S, Freya, Hunter, Xander, Declan, Abbey

Snr top 10 Results:

Sheldon (13yr) 1st 50 brs, 2nd 100 brs

Samantha (14yr) 1st 50 fly, 1st 100 fly, 2nd 100 back, 2nd 50 back, 4th 50 brs

Levi (13yr) 3rd 50 fly, 3rd 50 back, 3rd 100IM, 4th 50 free, 7th 50 brs

Jnr Top 10 Results:

Hunter (7yr) 1st 25m fly, 1st 25m back, 1st 25m brs, 1st 50m free

Leopold (5yr) 1st 25m fly, 1st 25m back, 1st 25m brs, 1st 25m free

Maddison M (9yr) 1st 50 brs, 2nd 100 IM, 2nd 50 back, 4th 100 free

Jack R (9yr) 1st 100IM, 2nd 100 free, 2nd 50 brs, 3rd 50 back, 3rd 50 free

Lachlan (10yr) 3rd 100 free, 3rd 50 fly, 3rd 50 back, 3rd 50 brs, 4th 100IM

Xander (11yr) 2nd 50 brs, 3rd 50 fly, 3rd 50back, 3rd 50 free

Hayley (11yr) 4th 100 free, 8th 100IM, 8th 50 back, 10th 50 fly, 10th 50 brs

Abbey (10yr) 8th 50 back, 10th 50 free

Abigail (11yr) 10th 100 IM

Declan (8yr) 4th 25m brs, 5th 25m back, 5th 25m free

Kristian (11yr) 6th 100 free, 6th 50 brs, 7th 50 fly, 7th 50 back

Chloe S (11yr) 6th 50 brs

Freya (11yr) 5th 50 free, 7th 100IM, 7th 50 fly, 7th 50 brs, 10th 50 back



Meets closed

23 October – Redcliffe LC Prep Meet – Team Grace: Rachael, Maddison M, Henry, Olivia, Kristian, Casey, Sheldon, Jack R, Samuel, Joshua, Levi, Abigail, Chloe S, Oliver, Imogen, Soha, Lily, John, Alia, Freya, Leni, Macey, Leo, Jackson, Lachlan, Hayley, Chloe W, Maddison C, Mia, Matthew, Samantha, Ashlyn, Max, David

30 October – Brisbane Relay Championships

Upcoming Meets

10 December – Queensland State Championships Relay Day

11 – 16 December - Queensland State Championships - qualifying times apply, for swimmers 12yrs and over

Upcoming Meets (Open for Nomination)

6 November - Southern Cross LC Transition Meet – closes 30 October

Junior Session: Warm up 7:30 – 8:15. Competition starts at 8:30am

Senior Session: Warm up and racing not before 10:30am; Minimum Age is 7yrs - Maximum of 5 events per swimmer and meet will be capped at 150 competitors per

12-13 November – Medal Shots LC Prep Meet #2 – ****TARGET MEET**** for swimmers 12yrs and over, qualifying times apply, closing date 1 November

20 November – Albany Creek LC Prep Meet - ****TARGET MEET****, last chance for state championships qualifying times; great meet for younger swimmers to get Brisbane Sprint/Jnr Mets qualifying times – closing date 8 November

26 November – Rackley Hibiscus LC Transition Meet – Minimum Age is 7yrs; Closes Tuesday 15th November; maximum entries per swimmer is 5, flat fee \$35; Junior Session (7-10 years): Warm up from 11:15am, racing from 12pm

Senior Session (11 years +): Warm up and racing not before 2pm – time TBC; Entries capped at 150 swimmers per session

2023 Dates to Save

14 January – Lawnton Sprint LC Meet – 50m events only – this meet is for swimmers to qualify for Brisbane & Qld Sprint championships

25-28 January – Australian Open Water Championships – qualifying times apply - Busselton WA

28-29 January - Brisbane Sprint Championships – swimmers 8yrs and over - qualifying times apply

5 February – Belgravia LC Prep Meet

11-12 February – Qld Sprint Championships – swimmers 10yrs and over

10-12 March - Brisbane Snr Metropolitan Championships – for swimmers 13yrs and over qualifying times apply

18-19 March - Speedo Prep Meet & Jess Schipper Challenge – qualifying times apply for swimmers 11yr and over

1-2 April - Brisbane Jnr Metropolitan Championships – 8yrs to 12yrs, includes 25m relays, qualifying times apply

7-15 April - Australian Age Championships – qualifying times apply (Gold Coast)

17-20 April - Australian Championships – qualifying times apply (Gold Coast)

Nominations for meets are completed through Swim Central

Competitive members can attend outside meets and also 8yr & U members you have competitive membership included in your membership, so you can race at outside meets too.

Check your emails for updates

Any queries: graceswimming.racesec@gmail.com

Sandra Hill
Race Secretary



SAVE THE DATES!!

- **Grace Swimming Parents Christmas Drinks:** Friday 25th November Venue TBA
- **Swimmers Christmas party** and last training for 2023: Saturday 17th December Grace Swimming Pool
- **Club Championships:** The weekend of 25th and 26th March, 2023
- **22/23 Presentation Night:** Saturday 6th May, 2022 Norths Leagues Club

