



GRACE SWIMMING

Newsletter 101: 8th February, 2023

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Club President's Message

Welcome to week two of club nights!

A bit of a slow start last week but hopefully we are back on track this week.

Please, if you can we need a *weekly BBQ volunteer* to cook the burgers and sausages for Flippers Cafe. Let me know if you would be keen to do it. It is a quick job at the beginning of Club night, leaving time to watch your children swim.

The new beef burgers were a hit! last week! Plenty more available this evening for a quick and easy dinner.

Sandra has emailed all swimmers who are eligible so get your nominations in and we can get some great relay teams happening. It is a great event for those 12 and under.

Make sure your EOI is in for Junior Mets relay teams.

Good luck to those kids swimming in QLD sprints this weekend.

Remember between club and school swimming, the next few months are busy for kids. Keep them well rested, fed well and training hard! Looking forward to seeing some great results!

Just a reminder as we are in the last 7 weeks of club night to make sure you have completed your 9 swim nights and completed your volunteer criteria for eligibility of Awards night in May. If you are unsure of your number of club night participation numbers, Steve will have the information available each week for swimmers to ensure everyone can qualify.

Club championships are fast approaching - they are to be held on the last weekend of March. *We will need all hands-on deck for this more information to come!*

Lastly: Grace Swim Caps \$10 this week - stock up at this great price - they are required at outside meets.

Ok well that's it from me please come to me if you have any questions at all.

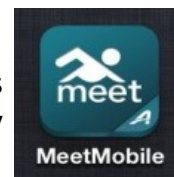
Lyndsay Lawler
Club President

Keeping Up To Date

Our website and Facebook pages are great ways to stay up to date with what is happening. Make sure all your family and friends also like our Facebook page and keep up to date too.

Meet Mobile: For those of you who are new to Club Nights.

Meet Mobile is an “App” which is downloaded and used for tracking your Swimmer’s results each week. Please feel free to ask any of our club members should you have any questions on how to use this App.



Club Payments

Bank Account Details

Please ensure any payments that are related to Grace Swimming Club are deposited to the Swimming Club account with a meaningful reference such as Swimmers Surname and abbreviation of the funds purpose to ensure the funds are allocated to correct swimmer for correct purpose. Account details and suggested reference list follow.

<i>Account Name</i>	<i>Grace Swim Club</i>
<i>BSB</i>	<i>034 059</i>
<i>Account Number</i>	<i>219053</i>
<i>Reference</i>	<i>Swimmer surname & abbreviation of purpose of deposit</i>

<u>Purpose</u>	<u>Abbreviation</u>	<u>Purpose</u>	<u>Abbreviation</u>	<u>Purpose</u>	<u>Abbreviation</u>
Training Shirt	TS	State Singlet	SS	Trophy Night	TN
Swim Cap	SC	Club Shirt	CS	Associate Membership	AssocM or AM

Any deposits for Squad or Learn to swim fees are to be deposited to the Grace Swimming Operations account, BSB 034059 Account 344735. **We also have a pay square at each club night.**

Should you ever want to clarify the account details or have any enquiry regarding Swimming Club payments you are welcome to contact the treasurer on email at treasurer@graceswim.org.au.

Wishing you all a good week ahead,

Harvey Foroush

Treasurer

Uniform Information

Grace Swimming Uniforms are available for all swimmers who are competing at any level. All swimmers competing at outside meets **must** have a Grace swim cap and Grace polo shirt. Merchandise is available every club night or contact Renee to book an appointment 😊

T-shirts \$25 Hoodies \$60 Silicone swim Caps \$20 Trucker hats \$15

Polo's \$49 (includes name embroidery)

Renee Traxis

Uniform Co-ordinator

2022/2023 COMMITTEE

Club President

Lyndsay Lawler
M: 0448 551 069
president@graceswim.org.au

Club Vice-President

Peter Coulson
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Club Registrar

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Club Night Co-ordinator

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Club Treasurer

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Club Secretary

Steve Hind
secretary@graceswim.org.au

Club Race Secretary

Sandra Hill
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graceswimming.racesec@gmail.com

Coaches

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Josh Duyzer
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General Committee Members

Toni O'Keeffe M: 0402 788 594
Garth Kewley M: 0400 906 820
Roydon Puzey M: 0408 534 322

Uniform Co-Ordinator

Renee Tragus M: 0420799664
uniforms@graceswim.org.au

Out 'n' About Reports

Sandra Hill
graceswimming.racesec@gmail.com

Newsletter Co-Ordinator

Toni O'Keeffe M: 0402 788 594

Club Night

Our first club night in the New Year saw **Indiana Kindred** return. Welcome back Indiana and everyone to the back end of the season. **Leopold** produced a PB in each of his swims to solidify his name on the records list. Great swimming Leopold!

Male 5yrs 50 Free
1/02/2023

New: 50.48 Leopold Rattenbury

55.59 Leopold Rattenbury 26/10/2022

Male 5yrs 25 Back
1/02/2023

New: 27.87 Leopold Rattenbury

29.89 Leopold Rattenbury 9/11/2022

Male 5yrs 25 Breast

New: 33.29 Leopold Rattenbury 1/02/2023
33.86 Morgan Chippendale 17/03/2010

Male 5yrs 100 IM
1/02/2023

New: 2:23.85 Leopold Rattenbury

2:29.62 Leopold Rattenbury 19/10/2022

147 PB swims last week with **Lachlan F, Edward M, Lachlan M, Kristian N, Jack R, Leopold R, Noah S & Chloe W** all achieving PB's in each of their four respective swims. Some big improvements were made, with **Matthew B, Samantha B, Abbey C, Lachlan F, Indiana K, Lachlan M & Noah S** all producing a PB of over 10 seconds.

Swimmers achieving qualifying times were;

50/100 free: **Indiana K, Kate R, Chaz S.**

50/100 back: **Leopold R.**

50/100 breast: **Lachlan F, Robert S.**

200 breast: **Jack R.**

200IM: **Lily J, Depp H.**

With there being seven club nights (including tonight) remaining until Club Champs, a list will be up next to Flippers each week so you can confirm your club night attendances for qualifying for Champs. Nine Club Nights minimum are required to nominate for Club Champs unless you have a legitimate reason and apply to the Committee for an exemption. See the Handbook on the website.

Events for next week, 15th Feb:

200 Backstroke	12.5/25/50/100 Breaststroke	12.5/25/50/100 Butterfly	12.5/25/50/100 Freestyle
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All enquiries about club night nominations can be directed to me at clubnight@graceswim.org.au

Steve Todd
Club Night Co-ordinator

Out and About

Results

5 February – Belgravia LC Prep Meet

Team Grace: Olivia, Maddison-Rose, Samuel, Sebastian, Abbey,, Hayden F, Lachlan F, Soha, Rachael, Lily Jo, Casey, Joshua, Maddison M, Bronte, Xander, Hunter, Lachlan M, Jack R, Chloe S, Alia, Freya, David, Henry, Lily, Sheldon

Jnr: Maddison M (9yr) 1st 200Im, 1st 100 back, 1st 50 back, 1st 100 brs

Hayden F (11yr) 1st 50 brs, 1st 100 brs, 3rd 50 free

Lachlan (10yr) 2nd 50 free, 2nd 100 fly, 3rd 50 back

Snr: Olivia (14yr) 1st 200IM, 1st 100 fly, 2nd 50 back, 2nd 50 fly

Alia (14yr) 2nd 800 free, 3rd 200 free, 3rd 100 free Lily (17yr) 1st 100 back

Sebastian (12yr) 1st 50 free, 2nd 50 back, 2nd 100 free, 3rd 50 fly

Soha (14yr) 1st 100 back, 2nd 100 free, 2nd 50 free, 3rd 50 back

Maddison-Rose (16yr) 1st 100 fly, 3rd 50 back Xander (12yr) 3rd 50 brs

Samuel (14yr) 2nd 50 brs, 2nd 1500 free Sheldon (13yr) 1st 200 brs

Joshua (13yr) 2nd 100 free, 3rd 50 free Bronte (14yr) 2nd 100 back

Meets closed

11-12 February – Qld Sprint Championships – Team Grace: Rachael, Sienna P, Soha, Hayden & Lachlan F, Bronte, Casey, Joshua, Sheldon, Jack R, Oliver, Abbey, Lily, Lachlan M, Chloe S, John, Samuel, Chloe W, Imogen, Mia, David, Maddison-Rose, Lauren, Leo, Macey, Olivia, Matthew, Samantha, Ashlyn, Brock

Meets Open for Nomination 2023

18 Feb – Genesis SC Five Way Meet (Genesis, Grace, Lawnton, Albany Creek, The Lakes College) – Minimum age is 6yr, \$30 for 4 events – closing date: 11 Feb

JNR Relay option: Mixed 8yr to 12yr Freestyle (10x25m) – same as Jnr Mets!

SNR Relays: 4x50m freestyle Men, 4x50m freestyle Women

26 Feb – Ipswich Grammar LC Jnr Development Meet – closes 21 February

5 March – Albany Creek SC Transition Meet – closes 26 February

10-12 March - Brisbane Snr Metropolitan Championships **TARGET MEET**** – for swimmers 13yrs and over qualifying times apply – closes 28 February**

2023 Dates to Save

18-19 March - Speedo Prep Meet & Jess Schipper Challenge ****TARGET MEET**** – qualifying times apply for swimmers 11yr and over

1-2 April - Brisbane Jnr Metropolitan Championships ****TARGET MEET**** – 8yrs to 12yrs, includes 25m relays, qualifying times apply – RELAY EOI out now – check your email!



7-15 April - Australian Age Championships – qualifying times apply (Gold Coast)

17-20 April - Australian Championships – qualifying times apply (Gold Coast)

Nominations for meets are completed through Swim Central

Websites for information:

Swimming Brisbane - <https://swimmingbrisbane.org.au/>

Swimming Queensland - <https://qld.swimming.org.au/>

Swimming Australia - <https://www.swimming.org.au/>

Check your emails for updates

Any queries: graceswimming.racesec@gmail.com

SAVE THE DATES!!

- **Club Championships:** The weekend of 25th and 26th March, 2023 Grace Swimming Pool
- **22/23 Presentation Night:** Saturday 6th May, 2022 Norths Leagues Club 5:30pm till late

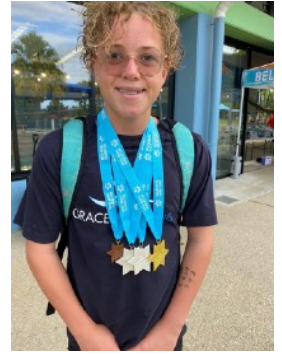
Any queries: graceswimming.racesec@gmail.com

Sandra Hill
Race Secretary

2023 Belgravia Swim Team Long Course Prep Meet



Junior Team



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