

# GRACE SWIMMING

CLUB NEWSLETTER

29th Nov 2023

## Club President's Message



2 Club Nights left before the Christmas Break!

We are hosting a Break Up Party on Saturday 16th December. There will be a training session for all squads from 7am til 8am and then you can bring in your favourite floaty or pool toy for some fun until 10am. The club will do a breakfast BBQ too!! So come along for some fun before Christmas.

Keep an eye on email for when swimming returns in 2024.

It's a busy time of year with school finishing, school concerts and a big swimming competition for some. Remember to look after yourselves and your swimmers with good food, rest and training of course!

Unfortunately the 30 plus states shirts, we had to give to our swimmers heading to QLD States in a few weeks were stolen out of my car over the weekend. I am looking at what options we have but we are not likely to get them in time. I'm working on it and I sincerely apologise.

On a happier note, I thought I would do a joke of the week. If any of you little ones have a swimming joke for me, come and tell me and it may make an appearance in weeks to come.

*Lyndsay Lawler*  
Club President

### JOKE OF THE WEEK

Why did the teacher stick her finger in the pool?  
*They wanted to test the water!*

# COMMITTEE MEMBER PROFILES



## Garth Kewley

Hi Everyone,

I'm Garth Kewley. I have been for a long time heavily involved in the Wine Industry. Owning my own Vineyard in the Adelaide Hills, South Australia. Since moving to Queensland in 2004 and living on the Peninsula. Since 2009 I hung up the work boots and went back to a suit and tie (well almost). For years I was known as the Wine Guy, now it's Real Estate. Focusing my attention to the growth in the Peninsula for the past 12 years in Real Estate, it has been a very exciting and rewarding challenge. Raising two beautiful girls that have also progress thought the ranks of swimming for Grace over the past 4 years. Summer currently in Mini Squad splitting her time between AFL for the Redcliffe Tigers and swimming. Ashlyn who is in Silver Squad getting ready for her return to Netball next year. Both girls have had a blast being involved in the club as have I, joining the committee and making a difference. The growth and opportunities that present themselves is an amazing way to watch our little community of swimmer evolve into superstars.

## Keeping Up To Date

Our **website** and **social media** pages are great ways to stay up to date with what is happening in and around Grace Swimming. If you're interested, go ahead and like our **Instagram** and **Facebook** page @graceswimming.

On **Facebook**, we have a community group called POGS (Parents of Grace Swimming) where you can ask any question, post about results, or you want to connect more with other members of the club.

**Meet Mobile** is an app which all results from Club Nights and outside competitions are posted to.



You can download it from your App Store and you can then track your swimmers' times each week.

Please feel free to ask any of our club members about the app, if you have any questions.

## Uniform Information Update

Grace Swimming Uniforms are available for all swimmers who are competing at any level.

We are currently looking at a new supplier and will have samples next week for try-ons and orders. While we are in the transition, we have old stock on sale.

Polos = **ON SALE**  
Hoodies = **ON SALE**  
Caps = \$20  
Trucker Hats = \$15  
T-Shirts = \$25

*Renee Tragis*  
Uniform Co-ordinator

## Club Committee 2023/2024

### Club President

Lyndsay Lawler  
M: 0448 551 069  
[president@graceswim.org.au](mailto:president@graceswim.org.au)

### Club Vice-President

Peter Coulson  
M: 0407 931 814  
[vicepresident@graceswim.org.au](mailto:vicepresident@graceswim.org.au)

### Club Registrar

Paul Chambers  
M: 0405 586 623  
[registrar@graceswim.org.au](mailto:registrar@graceswim.org.au)

### Club Night Co-ordinator

Steve Todd  
M: 0423 113 179  
[clubnight@graceswim.org.au](mailto:clubnight@graceswim.org.au)

### Club Treasurer

Harvey Foroush  
M: 0426 905 462  
[treasurer@graceswim.org.au](mailto:treasurer@graceswim.org.au)

### Club Secretary

Rachael Clark  
[secretary@graceswim.org.au](mailto:secretary@graceswim.org.au)

### Club Race Secretary

Amanda Rattenbury  
[graceswimming.racesec@gmail.com](mailto:graceswimming.racesec@gmail.com)

### Club Uniforms

Renee Tragis  
[uniforms@graceswim.org.au](mailto:uniforms@graceswim.org.au)

### Club Committee Members

Tash Mandryk  
Garth Kewley  
Roydon Puzey

### Coaching Team

Chris Phillips  
[chris\\_phillips@glc.qld.edu.au](mailto:chris_phillips@glc.qld.edu.au)  
Josh Duyzer  
[joshua\\_duyzer@glc.qld.edu.au](mailto:joshua_duyzer@glc.qld.edu.au)  
Alanah Fowler  
[alanah\\_fowler@glc.qld.edu.au](mailto:alanah_fowler@glc.qld.edu.au)

## CLUB NIGHT

With quite a number of swimmers away last week and various school camps and presentation nights, it was great to welcome new club members **Cooper & Sienna Paris**, for their first Club Night swims. It is great to have you as well **Isabel Hodge**, **Charlotte McRae** and **Isabella Putland**, who checked Club night out to see if it was to their liking.

**David Gregory**, we hope you enjoyed your time officiating in the Solomon Islands during the week, and that you had time to have a few swims in the tropical sunshine.

67 PB swims last week, with **Savanna A**, **Joaquin G**, **Indiana K** & **Noah S** each achieving a PB in ALL of their 4 swims. Great work **Lola S** for taking an awesome 14 seconds off her IM time from only six weeks ago, was the standout PB of the night.

**Male 6 years 100 I.M.**

**NEW: 1:59.52 - Leopold Rattenbury 22/11/2023**

2:03.35 Sam Ingeri 5/12/2007

Qualifying for these longer events were:

50/100 Free: Cooper P, Sienna P, Isabel H, Benjamin P

200 Free: Lachlan F

50/100 Breast: Cooper P, Sienna P

50/100 Butterfly: Cooper P, Sienna P, Indiana K

200 IM: Leopold R

400 IM: Oliver A, Cayleigh G, Jack R



## **EVENTS FOR NEXT WEEK**

**06/12/23**

Freestyle  
12.5/25/50/100

Backstroke  
12.5/25/50/100

Breaststroke  
12.5/25/50/100

Individual Medley  
100/200/400

All enquiries about club night nominations can be directed to me at: [clubnight@graceswim.org.au](mailto:clubnight@graceswim.org.au)

*Steve Todd*  
Club Night Co-ordinator

## CLUB PAYMENTS

### **Bank Account Details**

Please ensure that any payments that are related to Grace Swimming Club are deposited to the Swimming Club account with a meaningful reference. For example you can provide the following: swimmers surname and an abbreviation of the funds purpose (see below). This is to ensure the funds are allocated to correct swimmer for correct purpose. Account details and suggest reference list is as follows:

Account Name:	Grace Swim Club	<b>Purpose</b>	<b>Abbreviation</b>
BSB:	034 059	Training Shirt	TS
Account Number:	219053	Swim Cap	SC
Reference:	Bloggs_TShirt	State Singlet	SS
		Club Shirt	CS
		Trophy Night	TN

Any deposits for Squad or Learn To Swim fees are to be deposited to the Grace Swimming Operations account:

BSB: 034 059  
Account Number: 344735

We have a PaySquare at each club night for any EFTPOS purchases.

Should you ever want to clarify the account details or have any enquiries regarding Swimming Club payments, you are welcome to contact the treasurer at [treasurer@graceswim.org.au](mailto:treasurer@graceswim.org.au)

*Harvey Foroush*  
Club Treasurer

## OUT & ABOUT

Welcome to all our new members! Please find below a list of Upcoming Meets (entries currently open on Swim Central), and Save The Date meets (entries not yet open). Nominations for meets are via Swim Central. If you would like any help with entering meets, please let me know.

### **COMPETITIONS THIS WEEKEND**

**Nudgee College Junior Transition Meet - Saturday 2nd December**

Team Grace: Jack, Leopold, Chloe S



**Genesis Transition Meet**

Team Grace: Sam, Penelope, Cayleigh, Jett, Josh, Lachlan M, Blade, Brock, Silao, Jack, Leopold, Chloe S, Freya, Levi, Esjay, Hayley, Chloe W

### **UPCOMING MEETS**

**Saturday 9th December - Friday 15th December  
- 2023 Queensland State Championships**

Qualifying times apply. Ages 12 years and over.  
Entries close Tuesday 21st Nov

**Sunday 14th January - Lawton LC Sprint Prep Meet**

### **SAVE THE DATE**

**Saturday 20th January - Bracken Ridge Junior SC Transition Meet**

Entries close Friday 12th Jan

**Sunday 21st January - Southern Cross Transition Meet**

**Wednesday 24th - Saturday 27th January  
- 2024 Australian Open Water Championships**

Qualifying times apply.

**Saturday 27th - Sunday 28th January  
- 2024 Brisbane Sprint Championships**

Qualifying times apply. Minimum age 8 years.

**Sunday 4th February - Belgravia LC Prep Meet**

**Saturday 10th - Sunday 11th February  
- 2024 QLD Sprint Championships**

Qualifying times apply. Minimum age 10 years.

# HAPPY SWIMMING!

*Amanda Rattenbury*

Race Secretary

# UPCOMING MEETS

## APR MAR FEB JAN DEC

2nd - Nudgee Junior Transition Meet

3rd - Genesis Aquatics SC Transition Meet

9th to 15th - QLD State LC Championships

14th - Lawnton LC Sprint Prep Meet

24th to 27th - Australian Open Water Championships

27th & 28th - Brisbane Sprint Championships

4th - Belgravia LC Prep Meet

11th - QLD Sprint Championships

2nd to 3rd - Brisbane Junior Metropolitan Championships

8th to 10th - Brisbane Senior Metropolitan Championships

16th to 17th - Speedo National Prep Meet

6th to 14th - Australian Age Championships

17th to 20th - Australian Open Championships

# SAVE THE DATES

## **6 & 13 March** **Club Championships**

Please note: these dates are Wednesday nights



## **11 May** **Trophy Presentation Night** Norths Leagues Club