



GRACE SWIMMING

CLUB NEWSLETTER

24th Jan 2024

Club President's Message

Welcome back to all!

I hope you and your families had an amazing break and you rested and enjoyed some down time! Back already to routine/school and sports!

Remember club championships are happening over 2 Wednesday nights on March 6th and 13th this year due to Easter being so early. We are looking for volunteers and raffle prizes please let us know if you are able to help with this. Roydon will be around with a Roster for both nights.

We have a few big meets coming up, you will also see what target meets coaches want us to attend. It is important you liaise with your coach about which events they are wanting you to do.

Good luck to Lily Smith, Alia Smith and Samuel Baker all heading over to Busselton for the Open Water Nationals well done for making it to this stage amazing achievements.

New Club shirts are now available from New Balance we are not doing a price rise so just keeping them the same \$50 per polo please see the entry desk to buy or try on if you are interested.

Thanks to North Harbour for the kindly donated community grant if you have not been out there it is as Heritage Park a great day out for the Family!



North Harbour

Looking forward to a great term of swimming!

Lyndsay Lawler
Club President

Keeping Up To Date

Our **website** and **social media** pages are great ways to stay up to date with what is happening in and around Grace Swimming. If you're interested, go ahead and like our **Instagram** and **Facebook** page @graceswimming.

On **Facebook**, we have a community group called POGS (Parents of Grace Swimming) where you can ask any question, post about results, or you want to connect more with other members of the club.

Meet Mobile is an app which all results from Club Nights and outside competitions are posted to. You can download it from your App Store and you can then track your swimmers' times each week.



Please feel free to ask any of our club members about the app, if you have any questions.

Uniform Information Update

**NEW
CLUB SHIRTS**

The new club shirts have arrived. Please see Lyndsay or talk to the front entry desk for more information on these.

Polos = \$50

Club Committee 2023/2024

Club President

Lyndsay Lawler
M: 0448 551 069
president@graceswim.org.au

Club Vice-President

Peter Coulson
M: 0407 931 814
vicepresident@graceswim.org.au

Club Registrar

Paul Chambers
M: 0405 586 623
registrar@graceswim.org.au

Club Night Co-ordinator

Steve Todd
M: 0423 113 179
clubnight@graceswim.org.au

Club Treasurer

Harvey Foroush
M: 0426 905 462
treasurer@graceswim.org.au

Club Secretary

Rachael Clark
secretary@graceswim.org.au

Club Race Secretary

Rachael Clark
graceswimming.racesec@gmail.com

Club Uniforms

uniforms@graceswim.org.au

Club Committee Members

Tash Mandryk
Garth Kewley
Roydon Puzey

Coaching Team

Chris Phillips
chris_phillips@glc.qld.edu.au
Josh Duyzer
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Alanah Fowler
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CLUB NIGHT

EVENTS FOR NEXT WEEK

31/01/2024

Breaststroke
12.5/25/50/100

Butterfly
12.5/25/50/100

Freestyle
12.5/25/50/100

Backstroke
200

All enquiries about club night nominations can be directed to me at: clubnight@graceswim.org.au

Steve Todd
Club Night Co-ordinator

CLUB PAYMENTS

Bank Account Details

Please ensure that any payments that are related to Grace Swimming Club are deposited to the Swimming Club account with a meaningful reference. For example you can provide the following: swimmers surname and an abbreviation of the funds purpose (see below). This is to ensure the funds are allocated to correct swimmer for correct purpose. Account details and suggest reference list is as follows:

Account Name:	Grace Swim Club	Purpose	Abbreviation
BSB:	034 059	Training Shirt	TS
Account Number:	219053	Swim Cap	SC
Reference:	Bloggs_TShirt	State Singlet	SS
		Club Shirt	CS
		Trophy Night	TN

Any deposits for Squad or Learn To Swim fees are to be deposited to the Grace Swimming Operations account:

BSB: 034 059
Account Number: 344735

We have a PaySquare at each club night for any EFTPOS purchases.

Should you ever want to clarify the account details or have any enquiries regarding Swimming Club payments, you are welcome to contact the treasurer at treasurer@graceswim.org.au

Harvey Foroush
Club Treasurer

OUT & ABOUT

Welcome to all our new members! I hope you feel welcomed and feel at home here at Grace Swimming. If you have any questions regarding outside competitions please contact me.

OVER THE HOLIDAY BREAK

Just before the Christmas period hit us, there were a number of our Grace swimmers who competed at the Queensland State Championships at the Brisbane Aquatic Centre, Chandler.

We had 26 swimmers racing in total, 11 swimmers in relays and 15 in both relays and individual events.

The 15 individual swimmers competed in a total of 47 different races, including both heats and finals! The week saw some of these swimmers achieve new personal best times and stand on the podium.

Overall the swimmers accumulated 5 medals.

🥇 1 Gold - Lily Smith 🥇
🥈 2 Silver - Lily Smith x2 🥈
🥉 2 Bronze - Lachlan Farlow x2 🥉

Great job to all of the swimmers who raced! We are all proud of you.

NEXT MEETS

Australian Open Water Brisbane Sprint Championships

Please note:

If you have been asked to time keep at meet by the Race Secretary Rachael Clarke please can you make sure you let her know if you cant do it. This is really important. If you are attending a meet please note it is part of your responsibility to be available if you have a child swimming and not leave to the same people all of the time.

Rachael Clark
Race Secretary

UPCOMING TARGETED MEETS

JAN FEB MAR APR

24th to 27th - Australian Open Water Championships

27th & 28th - Brisbane Sprint Championships

4th - Belgravia LC Prep Meet

11th - QLD Sprint Championships

2nd to 3rd - Brisbane Junior Metropolitan Championships

8th to 10th - Brisbane Senior Metropolitan Championships

6th to 14th - Australian Age Championships

17th to 20th - Australian Open Championships

*the above meets have been selected by the coaches and club committee as targeted meets where it is encouraged that all swimmers who qualify nominate to compete. Coaches will be attending these meets to support your swimmers. This list may be updated should a specific meet be identified; however parents and swimmers should not expect coaches at non targeted meets.

SAVE THE DATES

6 & 13 March
Club Championships

Please note: these dates are Wednesday nights



11 May
Trophy Presentation Night
Norths Leagues Club