



GRACE SWIMMING

CLUB NEWSLETTER

15th Nov 2023

Club President's Message

How is everyone going? Busy time of year, kids running to the end of school, work is hectic and Christmas is coming fast! Don't forget to come and celebrate at Era Bar and Grill on Friday 24th December for a drink and catch up where there is no chlorine.

Please let me know if you will attending so I can make sure we have enough space.

As you all we have the AMAZING David Gregory who does our officiating every club night. He has been at Grace Swimming Club for a very long time and luckily keeps coming back to us. We are eternally grateful for him. He is the President of Brisbane Swimming and he off to an amazing trip, more of this below.

David Gregory our club night referee has been appointed to officiate at the 17th Pacific Games in the Solomon Islands. David is one of Australia's four World Aquatic Starters and will be officiating races at the Solomon Island Pacific Games competition. The pool swims run for 5 days which starts on the 20th to 24th November. David will also officiate at the 5k Open Water event on the 25th November. The games will commence with the opening ceremony on 19th November 2023, followed by two weeks of 18 sporting events and full of festivities. There will be 24 countries who will be participating in the Pacific Games 2023. The Games will conclude with the closing ceremony which will be on 2nd December 2023. Solomon Islands are expecting approximately 6200 international visitors associated with the Pacific Games 2023. David departs for the Solomon Islands on the 16th November and returns on the 26th November.

We wish him the best of luck!!

Lyndsay Lawler
Club President

COMMITTEE MEMBER PROFILES



Roydon Puzey

Name: Roydon d’Auvergne (*yes its French*) Puzey

Family: The whole Puzey family love Grace Swimming, my wife Lara Jane a fiercely competitive swimmer in her youth, Sienna the socialite and Connor

Home base: We live in North Lakes

From: Lara and I were born in Zimbabwe and moved to Australia at the age of 20, we have lived in Toowoomba, Townsville and now Brisbane

Swimming goals: Sienna swam at the 2022 QLD State Championships which was a great achievement, it would be a privilege to see both Sienna and Connor swim annually at both the State and National Championships

What we like to do in our spare time: Get in our caravan and go on epic adventures, we also love the beach and an annual snow skiing trip if we can fit it in.

Keeping Up To Date

Our **website** and **social media** pages are great ways to stay up to date with what is happening in and around Grace Swimming. If you're interested, go ahead and like our **Instagram** and **Facebook** page @graceswimming.

On **Facebook**, we have a community group called POGS (Parents of Grace Swimming) where you can ask any question, post about results, or you want to connect more with other members of the club.

Meet Mobile is an app which all results from Club Nights and outside competitions are posted to.



You can download it from your App Store and you can then track your swimmers' times each week.

Please feel free to ask any of our club members about the app, if you have any questions.

Uniform Information Update

Grace Swimming Uniforms are available for all swimmers who are competing at any level.

We are currently looking at a new supplier and will have samples next week for try-ons and orders. While we are in the transition, we have old stock on sale.

Polos = **ON SALE**
Hoodies = **ON SALE**
Caps = \$20
Trucker Hats = \$15
T-Shirts = \$25

Renee Tragis
Uniform Co-ordinator

Club Committee 2023/2024

Club President

Lyndsay Lawler
M: 0448 551 069
president@graceswim.org.au

Club Vice-President

Peter Coulson
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Club Registrar

Paul Chambers
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Club Night Co-ordinator

Steve Todd
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Club Treasurer

Harvey Forough
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Club Secretary

Rachael Clark
secretary@graceswim.org.au

Club Race Secretary

Amanda Rattenbury
graceswimming.racesec@gmail.com

Club Uniforms

Renee Tragis
uniforms@graceswim.org.au

Club Committee Members

Tash Mandryk
Garth Kewley
Roydon Puzey

Coaching Team

Chris Phillips
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Josh Duyzer
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Alanah Fowler
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CLUB NIGHT

62 PB swims last week ensured we had an early mark.

Chloe W wiped 13 seconds off her 200 Breaststroke time, whilst **Sebastian A, Noah B, Mia C, Hudson C, Archie C, Rosie C, Leo L, Jack R, Leopold R, Freya S, Chaz S & Hayley W** all had a 7 point swim.

Qualifying times were achieved to progress to:

50/100 Backstroke: Lilly Q

200 Backstroke: Rosie C

50/100 Butterfly: Liam C, Keira W, Levi T, Kate R

200 Butterfly: Cayleigh G



EVENTS FOR NEXT WEEK

22/11/23

Freestyle
12.5/25/50/100

Breaststroke
12.5/25/50/100

Butterfly
12.5/25/50/100

Individual Medley
100/200/400

Please endeavour to have your nominations entered online by Monday at 5pm each week.

All enquiries about club night nominations can be directed to me at: clubnight@graceswim.org.au

Steve Todd
Club Night Co-ordinator

CLUB PAYMENTS

Bank Account Details

Please ensure that any payments that are related to Grace Swimming Club are deposited to the Swimming Club account with a meaningful reference. For example you can provide the following: swimmers surname and an abbreviation of the funds purpose (see below). This is to ensure the funds are allocated to correct swimmer for correct purpose. Account details and suggest reference list is as follows:

Account Name:	Grace Swim Club	Purpose	Abbreviation
BSB:	034 059	Training Shirt	TS
Account Number:	219053	Swim Cap	SC
Reference:	Bloggs_TShirt	State Singlet	SS
		Club Shirt	CS
		Trophy Night	TN

Any deposits for Squad or Learn To Swim fees are to be deposited to the Grace Swimming Operations account:

BSB: 034 059
Account Number: 344735

We have a PaySquare at each club night for any EFTPOS purchases.

Should you ever want to clarify the account details or have any enquiries regarding Swimming Club payments, you are welcome to contact the treasurer at treasurer@graceswim.org.au

Harvey Foroush
Club Treasurer

OUT & ABOUT

OUTSIDE MEETS

Welcome to all our new members! Please find below a list of Upcoming Meets (entries currently open on Swim Central), and Save The Date meets (entries not yet open). Nominations for meets are via Swim Central. If you would like any help with entering meets, please let me know.

Good Luck to Team Grace that are heading to the Nudgee Preparation Meet. We have 27 swimmers racing.

TEAM GRACE

Oliver	Lauren	Lily J	Jack
Samuel	Hayden F	Leo	Freya
Samantha	Lachlan F	Casey	David
Michaelia	Tilli	Xander	Leni
Abbey	Georgia	Lachlan M	Sheldon
Mia	Cayleigh	Blade	Chloe
Hayden D	Jordan	Brock	

UPCOMING MEETS

Saturday 25th November - Rackley Hibiscus LC Transition Meet

Ages 7 years and over. Entries close Wednesday 15th Nov

Saturday 2nd December - Nudgee College Junior LC Transition Meet

Ages 6 years and over. Entries close Wednesday 22nd Nov

Sunday 3rd December - Genesis SC Transition Meet

Ages 6 years and over. Entries close Sunday 26th Nov



**Saturday 9th December - Friday 15th December
- 2023 Queensland State Championships**

Qualifying times apply. Ages 12 years and over.
Entries close Tuesday 21st Nov

SAVE THE DATE

Sunday 14th January - Lawton LC Sprint Prep Meet

Saturday 20th January - Bracken Ridge Junior SC Transition Meet

Entries close Friday 12th Jan

Sunday 21st January - Southern Cross Transition Meet

**Wednesday 24th - Saturday 27th January
- 2024 Australian Open Water Championships**

Qualifying times apply.

Saturday 27th - Sunday 28th January

- 2024 Brisbane Sprint Championships

Qualifying times apply. Minimum age 8 years.

Sunday 4th February - Belgravia LC Prep Meet

Saturday 10th - Sunday 11th February

- 2024 QLD Sprint Championships

Qualifying times apply. Minimum age 10 years.

HAPPY SWIMMING!

Amanda Rattenbury
Race Secretary

UPCOMING MEETS

APR MAR FEB JAN DEC NOV

18th - Nudgee LC Prep Meet

25th - Rackley Hibiscus LC Transition Meet

2nd - Nudgee Junior Transition Meet Entries close Wednesday, 22nd Nov 

3rd - Genesis Aquatics SC Transition Meet Entries close Sunday, 26th Nov 

9th to 15th - QLD State LC Championships Entries close Tuesday, 21st Nov 

14th - Lawnton LC Sprint Prep Meet

24th to 27th - Australian Open Water Championships

27th & 28th - Brisbane Sprint Championships

4th - Belgravia LC Prep Meet

11th - QLD Sprint Championships

2nd to 3rd - Brisbane Junior Metropolitan Championships

8th to 10th - Brisbane Senior Metropolitan Championships

16th to 17th - Speedo National Prep Meet

6th to 14th - Australian Age Championships

17th to 20th - Australian Open Championships

SAVE THE DATES



24 November

Grace Swimming Club Christmas Drinks
ERA Bar and Grill, Redcliffe

6 & 13 March
Club Championships

Please note: these dates are Wednesday nights



11 May

Trophy Presentation Night
Norths Leagues Club