



GRACE SWIMMING

CLUB NEWSLETTER

11th Oct 2023

Club President's Message

Welcome to the second club night of the year! I hope everyone enjoyed last week.

It was great to see new faces around the pool and have new families sign up for the season ahead. Welcome to all the new families! If you need help or any questions to be answered there is plenty of knowledge around the pool from committee members to long-time club families. Please don't hesitate to reach out!

As always, volunteering is key to running and making the club nights a success. Timekeeping and assisting in Flippers Cafe are just a few ways you can help out. Please don't worry, we are here to show you the ropes (if it looks daunting). Remember parents of club night swimmers must volunteer **6** times over the entire club night season.

We have an opportunity to host a Bunnings BBQ and we need a team to help out on the day. Please see **Roydon Puzey** to sign up. We offer shifts, so we only need a couple hours of your time. This is a great fundraising opportunity for the club!

As I said last week, we are in the process of new uniforms, but it is taking longer than expected. We will keep you up to date with all things uniforms. In the meantime, the old uniform is still OK to wear at competitions and around the pool.

Lyndsay Lawler
Club President

Keeping Up To Date

Our **website** and **social media** pages are great ways to stay up to date with what is happening in and around Grace Swimming. If you're interested, go ahead and like our **Instagram** and **Facebook** page @graceswimming.

On **Facebook**, we have a community group called POGS (Parents of Grace Swimming) where you can ask any question, post about results, or you want to connect more with other members of the club.

Meet Mobile is an app which all results from Club Nights and outside competitions are posted to. You can download it from your App Store and you can then track your swimmers' times each week.



Please feel free to ask any of our club members about the app, if you have any questions.

Uniform Information Update

Grace Swimming Uniforms are available for all swimmers who are competing at any level.

We are currently looking at a new supplier and will have samples next week for try-ons and orders. While we are in the transition, we have old stock on sale.

Polos = **ON SALE**

Hoodies = **ON SALE**

Caps = \$20

Trucker Hats = \$15

T-Shirts = \$25

Renee Tragis
Uniform Co-ordinator

Club Committee 2023/2024

Club President

Lyndsay Lawler
M: 0448 551 069
president@graceswim.org.au

Club Vice-President

Peter Coulson
M: 0407 931 814
vicepresident@graceswim.org.au

Club Registrar

Paul Chambers
M: 0405 586 623
registrar@graceswim.org.au

Club Night Co-ordinator

Steve Todd
M: 0423 113 179
clubnight@graceswim.org.au

Club Treasurer

Harvey Forough
M: 0426 905 462
treasurer@graceswim.org.au

Club Secretary

Rachael Clark
secretary@graceswim.org.au

Club Race Secretary

Amanda Rattenbury
graceswimming.racesec@gmail.com

Club Uniforms

Renee Tragis
uniforms@graceswim.org.au

Club Committee Members

Tash Mandryk
Garth Kewley
Roydon Puzey

Coaching Team

Chris Phillips
chris_phillips@glc.qld.edu.au

Josh Duyzer
joshua_duyzer@glc.qld.edu.au

Alanah Fowler
alanah_fowler@glc.qld.edu.au

Club Night

It was great to see so many families face last week. We welcomed new members **Mikayla Palmer, Jordan & Jaden Jo, Hayden Dymond** and **Noah Ballinger**, whilst **Calliope Brandli, Archie & Rosie Crampton, Ned & Gus Crossley, Nora Foroush, Joaquin Gregorio, Sua Kim, Ben Brosch, Silao Oliva, Lilly Quill, Abigail Rogers, Lola Stenhouse, Sunni Taborsky & Ryker Webber** all joined us for their trial. We hope you all enjoyed the night and can join us for the season ahead.

The season started off with **129 PB swims** by returning members, with **Oliver A, Samantha B, Penny B, Abbey C, Georgia F, Lachlan F, Cayleigh G, Edward M, George M, Brock M, Connor P, Alia S, Freya S, Noah S, Robert S, Scarlett V, Sheldon V, Hayley W & Chloe W** all achieving a PB in all four strokes. Awesome job!

Swimmers who qualified for 50/100m events:

FREE: Hayden D, Rosie C, Noah B, Abigail R, Calliope B, Sua K, Ned C, Joaquin G, Lola S, Georgia F, Sunni T, Mia C, Mikayla P

BACK: Hayden D, Rosie C, Noah B, Abigail R, Calliope B, Sua K, Ned C, Georgia F, Mikayla P, George M, Jordan J

BREAST: Hayden D, Rosie C, Noah B, Abigail R, Calliope B, Sua K, Edward M, Connor P, Leopold R

FLY: Hayden D, Rosie C, Abigail R, Sua K, Robert S, Lachlan F, Noah S, Calliope B

- Once a swimmer has qualified for 50/100m events they may continue to swim 25m events, but they will not accrue points for those swims.
- There are no qualifying times to move between 12.5m to 25m events. Once your swimmer is confident, they may enter in the 25m events.
- See the Handbook on the website for full details about qualifying times and how to qualify for longer distances
- When nominating each week, please ensure you enter the distance you wish to swim in each stroke, **NOT** just the stroke
- If you have not qualified for a distance, you will be entered into a shorter distance if applicable.

All enquiries about club night nominations can be directed to me at: clubnight@graceswim.org.au

EVENTS FOR NEXT WEEK

Freestyle
200/400/800/1500

Backstroke
12.5/50/100

Freestyle
12.5/50/100

Breaststroke
12.5/50/100



Club Night Co-ordinator

Club Payments

Bank Account Details

Please ensure that any payments that are related to Grace Swimming Club are deposited to the Swimming Club account with a meaningful reference. For example you can provide the following: swimmers surname and an abbreviation of the funds purpose (see below). This is to ensure the funds are allocated to correct swimmer for correct purpose. Account details and suggest reference list is as follows:

		Purpose	Abbreviation
Account Name:	Grace Swim Club		TS
BSB:	034 059	Training Shirt	SC
Account Number:	219053	Swim Cap	SS
Reference:	Bloggs_TShirt	State Singlet	CS
		Club Shirt	TN
		Trophy Night	

Any deposits for Squad or Learn To Swim fees are to be deposited to the Grace Swimming Operations account:

BSB: 034 059
Account Number: 344735

We have a PaySquare at each club night for any EFTPOS purchases.

Should you ever want to clarify the account details or have any enquiries regarding Swimming Club payments, you are welcome to contact the treasurer at treasurer@graceswim.org.au

Harvey Forough
Club Treasurer

Out & About

LATEST RESULTS

Over the weekend we had **17** swimmers attend the Queensland Preparation Long Course Meet. From those 17 swimmers, we had **53** swims resulting in **30** PB's. Overall this was **57%** of swims being Personal Bests. Great job to our Grace Swimmers!

TEAM GRACE: Samantha B, Alia S, Freya S, Hayden F, Lachlan F, John R, Soha F, Mia H, Macey L, Chloe W, Casey L, Josh M, Sheldon V-D, Lily S, Lauren D and Hayden D.



UPCOMING MEETS

QLD Open Water Championships (14th October)

Team Grace: Sam B (5k), Samantha B (5k), Hayden F (2.5k), Mia H (5k), Josh M (5k), Xander M (2.5k), Alia S (7.5k), Freya S (2.5k), Lily S (5k)

Moreton Bay Cup (15th October)

Team Grace: Leopold R, Lachlan M, Casey L

Rackley Colmslie Transition Meet (15th October)

Team Grace: Chloe

Keep An Eye Out!

There has been an expression of interest email sent out for the Relay Championships that are happening on Sunday 5th November. This is a great event for everyone to come together as a team.

We encourage all swimmers to participate and get involved!

Follow the link in the email and register your swimmers interest.

All Nominations for Outside Meets are completed through Swim Central

Amanda Rattenbury
Race Secretary

UPCOMING MEETS

APR MAR FEB JAN DEC NOV OCT

14th - QLD Open Water Championships

15th - UQ Transition Meet

22nd - Redcliffe Leagues LC Prep Meet

5th - Brisbane Metropolitan Relay Championships

10th to 12th - QLD Long Course Prep Meet #2

18th - Nudgee LC Prep Meet

25th - Rackley Hibiscus LC Transition Meet

2nd - Nudgee Junior Transition Meet

9th to 15th - QLD State LC Championships

14th - Lawnton LC Sprint Prep Meet

24th to 27th - Australian Open Water Championships

27th & 28th - Brisbane Sprint Championships

4th - Belgravia LC Prep Meet

11th - QLD Sprint Championships

2nd to 3rd - Brisbane Junior Metropolitan Championships

8th to 10th - Brisbane Senior Metropolitan Championships

16th to 17th - Speedo National Prep Meet

6th to 14th - Australian Age Championships

SAVE THE DATES



24 November

Grace Swimming Club Christmas Drinks
ERA Bar and Grill, Redcliffe

**VOLUNTEERS
NEEDED**

2 December

Bunnings BBQ
Grace Swimming Fundraiser
Bunnings Rothwell



6 & 13 March

Club Championships

Please note: these dates are Wednesday nights

11 May

Trophy Presentation Night
Norths Leagues Club

