



GRACE SWIMMING

Newsletter 104: 1st March, 2023

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Club President's Message

Welcome to Club night 5! The year is going quick!

We will start looking towards organising our annual awards night - 26th Grace Club Trophy Night which will be taking place at Norths Leagues Club in Kallangur on Saturday 6th May. An invitation will be sent in the coming weeks to those swimmers who have completed the qualifying 9 nights and volunteering. If you are a little behind, we still have a few more club nights before the season ends. We need as much help as possible on Club Champs weekend. Many hands make light work. (Please see the volunteer sheet online and sign up)



Club champs on the 25th and 26th of March lets go out with a bang...crazy shirts galore, come in your loudest shirt and support our amazing kids and help the day run smoothly.

If we don't try, we will not succeed. I know for some of our more seniors swimmers there is a lot going on but it is great to see they are giving all they have to making sure our more junior swimmers are learning every week. The Juniors are watching what they do - a great inspiration to all!

I have had a few parents reach out to me I appreciate the support, please feel free to chat any time if you are unsure of anything with club champs and awards night coming up.

Thanks all,

Lyndsay Lawler, Club President

A few swimmers I believe, swam at the Ipswich meet on the weekend - great to see you getting out there and giving all the meets a go!

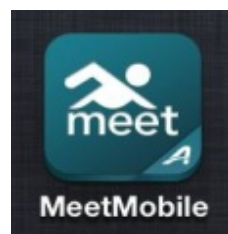
Adult swimmers Brett & Sally also achieved amazing things over the weekend.




GRACE SWIMMING

Keeping Up To Date

Our website and Facebook pages are great ways to stay up to date with what is happening. Make sure all your family and friends also like our Facebook page and keep up to date too.



Meet Mobile: For those of you who are new to Club Nights.

Meet Mobile is an “App” which is downloaded and used for tracking your Swimmer’s results each week. Please feel free to ask any of our club members should you have any questions on how to use this App.

Club Payments

Bank Account Details

Please ensure any payments that are related to Grace Swimming Club are deposited to the Swimming Club account with a meaningful reference such as Swimmers Surname and abbreviation of the funds purpose to ensure the funds are allocated to correct swimmer for correct purpose. Account details and suggested reference list follow.

<i>Account Name</i>	<i>Grace Swim Club</i>
<i>BSB</i>	<i>034 059</i>
<i>Account Number</i>	<i>219053</i>
<i>Reference</i>	<i>Swimmer surname & abbreviation of purpose of deposit</i>

<u>Purpose</u>	<u>Abbreviation</u>	<u>Purpose</u>	<u>Abbreviation</u>	<u>Purpose</u>	<u>Abbreviation</u>
Training Shirt	TS	State Singlet	SS	Trophy Night	TN
Swim Cap	SC	Club Shirt	CS	Associate Membership	AssocM or AM

Any deposits for Squad or Learn to swim fees are to be deposited to the Grace Swimming Operations account, BSB 034059 Account 344735. **We also have a pay square at each club night.**

Should you ever want to clarify the account details or have any enquiry regarding Swimming Club payments you are welcome to contact the treasurer on email at treasurer@graceswim.org.au.

Wishing you all a good week ahead,

Harvey Foroush
Treasurer

Uniform Information

Grace Swimming Uniforms are available for all swimmers who are competing at any level. All swimmers competing at outside meets **must** have a Grace swim cap and Grace polo.

Available every club night or contact Renee to book an appointment 😊

Polo’s \$49 (includes name embroidery)	Hoodies \$60	Caps \$20	Trucker hats \$15	T-shirts \$25
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Renee Tragis
Uniform Co-ordinator

Club Night Round Up:

2022/23 COMMITTEE

Club President

Lyndsay Lawler
M: 0448 551 069
president@graceswim.org.au

Club Vice-President

Peter Coulson
M: 0407 931 814
vicepresident@graceswim.org.au

Club Registrar

Paul Chambers
M: 0405 586 623
registrar@graceswim.org.au

Club Night Co-ordinator

Steve Todd
M: 0423 113 179
clubnight@graceswim.org.au

Club Treasurer

Harvey Foroush M: 0426 905 462
treasurer@graceswim.org.au

Club Secretary

Steve Hind
secretary@graceswim.org.au

Club Race Secretary

Sandra Hill M: 0409 871 190
graceswimming.racesec@gmail.com

Coaches

Chris Phillips
chris_phillips@glc.qld.edu.au
Josh Duyzer
joshua_duyzer@glc.qld.edu.au

General Committee Members

Toni O'Keeffe M: 0402 788 594
Garth Kewley M: 0400 906 820
Roydon Puzey M: 0408 534 322

Uniform Co-ordinator

Renee Tragis M: 0420799664
uniforms@graceswim.org.au

Out 'n' About Reports

Sandra Hill
graceswimming.racesec@gmail.com

Newsletter

Toni O'Keeffe M: 0402 788 594

Welcome back last week to **Cayleigh Graham** for her first night this season. **Charlotte McRae** joined her brothers, with **Michaelia, Miranda & Micah Chen** for their first Club Night at Grace. Following on from creating a 50m back record two weeks ago, **Leopold Rattenbury** created a new record for 5yrs 100 back and also took 5secs off his IM record from three weeks ago.

Male 5yrs 100 Back 2:03.66 Leopold Rattenbury 22/02/2023

Male 5yrs 100 IM 2:18.56 Leopold Rattenbury 22/02/2023

Lachlan M dropped his 200IM time by almost half a minute in only a few months! Other notable PB's were by **Harry S** 20 secs, **Oliver A** 7 secs, **Sebastian B** 9 secs, **Samantha B** 6 secs, **Rose D** 8 secs, **Cayleigh G** 15 secs, **Summer K** 8 secs, **Sienna P** 8 secs, **Noah S** 5 secs, **Robert S** 10 secs, **Sheldon V** 8 secs & **Chloe W** 6 secs, out of the 86 PB swims.

Qualifying times were achieved for:

50/100 back: **Andrew P.**
50/100 free: **Michaelia C.**
50/100 breast: **Rose D, Andrew P.**

Nominations for club champs are open.

There are no qualifying times and you do not have had to have swum the event at club night to be able to swim it at club champs.

Check the list of club night attendances on the wall at Flippers. There are **four** club nights left including tonight. You must achieve 9 nights before Club Champs or have applied for and been granted an exemption, before nominations close, if you have a legitimate reason for not attending 9 nights.

At the time of writing we only have 35 nominations in, so jump online and get the nominations in this week if possible.

ONLINE NOMINATION ONLY, all the details are on the "Compete" page on the website. Entries close 7pm, two weeks from now.

Events for Club Night next week, 8th March:

200 Freestyle	12.5/25/50/100 Freestyle	12.5/25/50/100 Butterfly	12.5/25/50/100 Breaststroke
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All enquiries about club night nominations can be directed to me at: clubnight@graceswim.org.au

Steve Todd
Club Night Co-ordinator

Out and About with Grace SC

Results

26 January – Ipswich Grammar LC Jnr Development

Lachlan M (10yr) 2nd 100IM, 2nd 50 back, 2nd 100 free

Leopold (5yr competing in 8yr&U events) 3rd 100IM



Meets Open for Nomination 2023

18-19 March - Speedo Prep Meet & Jess Schipper Challenge **TARGET MEET**** – qualifying times apply for swimmers 11yr and over – closes 7 March**

(this will be the last chance to get qualifying times for Age at Chandler)

2023 Dates to Save

1-2 April - Brisbane Jnr Metropolitan Championships**TARGET MEET**** – 8yrs to 12yrs, includes 25m relays, qualifying times apply – RELAY EOI out now – check your email!**

Don't forget to enter the individual events

8yrs olds – do not have qualifying times for the 25m events, they do for 100 free

CLOSING DATE: 21 MARCH

7-15 April - Australian Age Championships – qualifying times apply (Gold Coast) - entries close 21 March

17-20 April - Australian Championships – qualifying times apply (Gold Coast) – entries close 28 March

Nominations for meets are completed through Swim Central

Websites for information:

Swimming Brisbane - <https://swimmingbrisbane.org.au/>

Swimming Queensland - <https://qld.swimming.org.au/>

Swimming Australia - <https://www.swimming.org.au/>

Check your emails for updates

Any queries: graceswimming.racesec@gmail.com



Sandra Hill

Race Secretary

SAVE THE DATES!!

- **Club Championships:** The weekend of 25th and 26th March, 2023 Grace Swimming Pool
- **22/23 Presentation Night:** Saturday 6th May, 2022 Norths Leagues Club 5:30pm till late