

GRACE SWIMMING CLUB

2008 / 2009 CHAMPIONSHIPS

This seasons Club Championships will be held over two Saturdays, the 28th March 2009 and 4th April 2009. Warm up will start at 12.30pm with the first event starting at 1.00pm sharp. A BBQ will be operating from 12.00 noon. All profits will be going towards trophy night.

Included in this letter is a list of the events for both days. We have mixed together the Sprint and Distance events for the good of the swimmers as we feel that swimming 5 Distance events on the one day would not see swimmers producing their best times all day.

The age of the swimmer on the 28th March 2009 will be the age group they swim in for both days of the Championships.

Swimmers with Swimming Multi-Disability Classifications may nominate. Please make note of this on the nomination form. These swimmers will compete in the events with other children of the same age, but will be recognized separately as Multi-Disability swimmers when it comes to awarding medals. Proof of a swimmers classification will be required to nominate in a Multi-Disability event.

The first 3 place getters in each Sprint and Distance and Individual Medley event will receive a medal on the day of the Championships.

The events for Saturday 28th March 2009 will be ...

- Backstroke (Distance)
- Breaststroke (Sprint)
- Butterfly (Distance)
- Freestyle (Sprint)

The events for Saturday 4th April 2009 will be ...

- Freestyle (Distance)
- Butterfly (Sprint)
- Breaststroke (Distance)
- Backstroke (Sprint)
- Individual Medley (Distance)

Nomination forms are available from the web site.

Please fill out **one nomination form per swimmer**. Please write the event number (Note: Program of events available on web site) in the appropriate box. No ticks please. Nomination forms with ticks will be handed back. There is a maximum of 9 events that any swimmer can compete in. Therefore in this case there will be nine event numbers in nine different boxes on the nomination form.

All nominations must be returned by 7.00pm Wednesday the 11th March 2009 and placed in the nominations box. Late nominations will NOT be accepted as Medals and Trophies have to be ordered.

Championship Eligibility

To be eligible to swim in club championship events:

- **A competitor must have competed on AT LEAST NINE CLUB NIGHTS prior to the commencement of the club championships. Any family who has competed on less occasions with good reason can submit a request in writing to the committee for consideration.**
- **The competitor is a Club Member with ALL membership, affiliation, coaching and nomination fees paid in full.**