

GRACE SWIMMING CLUB

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Newsletter

Issue 3

OCTOBER/NOVEMBER 2008

“All our dreams can come true, if we have the courage to pursue them.”

SQUAD NEWS

Coach's Report

Hi everyone, it's been a very, very busy start to the summer with lots of folks shaking off the winter and getting back in the water and lots of our swimmers heading out and competing at various swim meets throughout the region and doing themselves and the club proud.

A big thank you to everyone for the kind wishes and congratulations on the birth of my second boy Dominic to my wife Bronwyn and myself on the 27th October. We are both very proud parents.

The new squad format that was introduced last month is working well and with a little more fine tuning we will have on offer to everyone a very professional program making sure every swimmer gets the benefit of the smaller group sizes and the attention of the coaching staff. Welcome on board Sam Irwin who has passed his coaching course and is doing a great job with the kids. You as parents can also help to ensure the program runs

smoothly by making sure your swimmers arrive on time for lessons (yes traffic can be a big problem), coming only on your nominated days (as we have limited numbers per class if your child is not on that day we cannot let them swim), and finally having your swimmer owning their own training gear. With Christmas fast approaching these are some easy gifts to get and we have them in the shop now.

Welcome to our more mature athletes who are swimming Tuesday evenings and Saturday mornings - the more the merrier.

Great to see all our athletes at club nights, especially our younger stars getting in and having a go and enjoying swimming.

I think this summer is shaping up to be one of the club's busiest, successful and fun!

Have a great month

Train hard, swim fast

Steve

BSA LONG COURSE RESULTS

<u>Mahalia Cassiday</u>	Silver
<u>Ashleigh Duyzer</u>	Silver and Bronze
<u>Luke Vacca</u>	Bronze
<u>Kaitlyn Weldon</u>	Gold, 2 Silver and 1 Bronze

CONGRATULATIONS!!

Training Equipment

As we get busier with the warmer weather approaching it is important that all swimmers have their own training gear. The fins, kickboards and pullbuoys used at the moment are the College's and the fins especially are becoming fewer as they break. It is much easier if we all have our own equipment which can be stored in the shed next to the grandstand.

Mini, Junior and Development Squads: Fins, kickboard.

Junior Championship: Fins, kickboard, pullbouy, paddles.

Championship Squad: Fins, kickboard, pullbouy, paddles, dragsuit and snorkel.

WE NOW HAVE A GOOD RANGE OF FINS, KICKBOARDS, PULLBUOYS, HAND PADDLES, MESH BAGS, GOGGLES & SWIM CAPS AVAILABLE IN THE POOL SHOP FOR YOUR CONVENIENCE.

PAYMENT OF FEES

We encourage you to use the fees payment forms available from the shop to pay your monthly squad or

learn to swim fees. Simply fill out the form, place it in an envelope with your credit card details, cash or cheque and put into our letterbox attached to the counter. We will receipt it when the shop is not busy and give you your receipt next time you're in. This saves you waiting in lengthy lines at the counter.

Thanks ☺

BBQ BREAKFAST-SATURDAYS

The BBQ breakfast on Saturday mornings is available to all Squad and Learn to Swim families from 8.00-8.30am - \$2.00 for a bacon & egg sandwich and cup of juice.

ALL WELCOME.

Nominating for Swim Meets

You must pay for your swim meets at the office/shop **before** Susan can accept your nominations. If the shop is closed and the meet is closing that day, please leave Susan a note or ring the office explaining that you will pay the office **that afternoon**. From now on nominations left on Susan's desk with no payment and no explanation will not be entered and your child/ren will miss that meet. If you are wishing to nominate for meets for which there is no flyer in the folder you **MUST** contact Susan a minimum of three weeks before the closing date of that meet to allow time to download the required paperwork. Susan is doing a wonderful job as our Race Secretary. It is a very detailed and time consuming position and we all need to follow the guidelines to ensure the continued efficient running of outside meets. Thank you for your support.

Upcoming Meets

Upcoming Brisbane Swimming Association meets are Brisbane Restricted Meet 17th & 18th January 2009 – a fantastic meet for Development, Junior Champs and Champs to attend as the top swimmers who have won medals at BSA meets in the last 18 months are excluded from competing. We would love a big group of swimmers to attend this meet. Brisbane Senior Metropolitan Championships - 13 to 17yr olds – 29th Jan – 1st Feb 2009 and Brisbane Junior Metropolitan Championships, 8 to 12yr olds – 13th-15th March 2009. Swimmers will need to obtain qualifying times in a long course pool (50m) to attend Senior and Junior Championships. We would love a huge group of Grace swimmers to attend these meets. There are just too many other upcoming meets to list here, but please check the folder in the gym or go onto the Queensland Swimming website www.qld.swimming.org.au under "Statewide Calendar". Please see Susan Weldon or Shirelle Woodhead if you need any more help or information on swim meets. They are only too happy to help with your queries.

Membership Fees

All Club/QSA/BSA Membership Fees were due from 1st July 08 for the 2008/09 financial year. Any swimmers who swim on Club Nights and/or compete at outside meets must be full members of the Club, QSA & BSA. There is a slight change to Club Membership, in that any swimmer who just swims in squad, but does not attend Club Nights or outside meets, only needs to pay Associate Membership. This will now be \$40 for the first family member, \$20 for the second and \$10 for the third and subsequent family members. Please see the office as soon as possible to fill out new medical forms and membership forms.

We must sight Birth Certificates for all competitive swimmers please.

Christmas Holidays

During the Christmas School Holidays, all Squads and Learn to Swim lessons will be closed from Monday, 22nd December 2008 to Saturday, 3rd January 2009 inclusive. The pool will re-open on Monday, 5th January 2009.

CLUB NIGHTS

Please Note!!

New Start Time for Racing - 6.00pm

BBQ Starts at 5.30pm

Club Nights started back on Wednesday, 8th October. Please make sure you have nominated by 5.00pm Mondays either on-line or by slip of paper available in gym or from office.

Club Night Online Nominations.

Online Nominations are available again this season. Please note that the username and password have changed. The new username and password are printed in the club handbook. To find our on-line nominations please go to our Club Night page on our website www.graceswim.org.au.

Flippers Café Convenor

We are still looking for a new volunteer to run Flippers Café on Wednesday Club Nights this season. Please see the office or a committee member if you are interested. Thank you to Stacey Koch and everyone else who has volunteered in the café so far this season. ☺

ADULT SQUADS
FROM OCTOBER

**Tuesday Nights with Steve -
6.30-7.30pm & Saturday
Mornings with Horrie - 7.30-
8.30am. \$10 per session –
pay as you go.**

NO PARKING IN THE
BUS ZONE AT ANY TIME
– THANK YOU!

LEARN TO SWIM
NEWS

PAYMENT OF FEES

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HAPPY BIRTHDAY IN OCTOBER
TO:

ABBY CHERN
NICHOLAS CONDON
BRYSON DANTEL
BRITNEY EATON
ELLA EVANS
NATHAN FELSCHOW
COURTNEY MCEVOY
ISABELLA MCGAVEN
LUCY MCKEE
ZACHARIAH MEADLEY
BRAITHAN NEYLON
MONTANA O'KEEFE
ETHAN ROBERTS
LAUREN WALKER
GABRIELLE WOODFORD
GARTH WOODWARD

HAPPY BIRTHDAY IN
NOVEMBER TO:

SAMUEL AUTON
JAKE BENNETT
ETHAN BRAUND
CHARLIZE CHRYSTAL
LACHLAN CHUCHERKO
JACK GIBSON
CHLOE GRIMSHAW
CHARLIE HAWKINS
TANIESHA JAMES
SIENNA JONES
CHONTELLE MCEVOY
BENJAMIN MONTGOMERY
LUKE SIMPSON
SASKIA TABAKOV
BLAKE TOBIN
MATTHEW WYSE

IF WE HAVE MISSED YOUR
CHILD'S NAME ON THE
BIRTHDAY LIST, IT MAY BE
THAT YOU HAVEN'T FILLED
OUT A MEDICAL FORM YET.
PLEASE SEE THE OFFICE FOR
ONE. THANK YOU.

WELL DONE

To all our swimmers who graduated to a higher class in recent weeks:-

Starfish to Seahorse

Olivia McNamara

Seahorse to Turtle

Rhyle Hansen

Caitlin Olivier

Sienna Powell

Turtle to Octopus/Dolphin

Sarah Boal

Tyler Brown

Scott Ditton

Jaime Eaton

Liam Huigens

Zahlie James

Flynn Mangan

Lachlan McEvoy

Jasmine McNamara

Jared Ragau

Brianna Ragau

Patrick Smith

Octopus to Dolphin

Janna Sharry

Dolphin to Stingray:

Paige Cawood

Kiana Gibbon

Stephanie March

Eliza Marshall

Chontelle McEvoy

Ethan Munt

Stingray to Shark:

Breanna McVeigh

Izaack Powell

Shark to Mini Squad

Courtney Boal

Bryce Burke

Drew Burke

Charlie Hawkins

Elinor Murphy

Mitchell Poole

Jade Starr