

## 2009 - 2010 CLUB PROGRAMME

	Event .1.	Event.2.	Event.3.	Event.4.
<b>Date</b>	<b>12.5/25/50</b>	<b>12.5/25/50</b>	<b>12.5/25/50</b>	<b>12.5/25/50</b>
7 October	Freestyle	Backstroke	Breaststroke	Butterfly
14 October	Butterfly	Freestyle	Backstroke	Breaststroke
	Event .1.	Event .2.	Event .3.	Distance Event
<b>Date</b>	<b>12.5/25/50/100</b>	<b>12.5/25/50/100</b>	<b>12.5/25/50/100</b>	<b>Specialised Distance</b>
21 October	Breaststroke	Butterfly	Freestyle	IM 100/200/400
28 October	Backstroke	Freestyle	Breaststroke	<b>200/400/800 Freestyle</b>
4 November	Freestyle	Breaststroke	Butterfly	<b>200 Backstroke</b>
11 November	Breaststroke	Freestyle	Butterfly	IM 100/200/400
18 November	Backstroke	Breaststroke	Freestyle	<b>200 Butterfly</b>
25 November	Butterfly	Freestyle	Backstroke	<b>200/400/800 Freestyle</b>
2 December	Freestyle	Breaststroke	Butterfly	IM 100/200/400
9 December	Breaststroke	Freestyle	Butterfly	<b>200/400/800 Freestyle</b>
 Christmas Holidays 				
3 February	Freestyle	Backstroke	Breaststroke	IM 100/200/400
10 February	Butterfly	Freestyle	Backstroke	<b>200 Breaststroke</b>
17 February	Breaststroke	Butterfly	Freestyle	<b>200 Backstroke</b>
24 February	Backstroke	Freestyle	Breaststroke	<b>200/400/800 Freestyle</b>
3 March	Butterfly	Backstroke	Freestyle	IM 100/200/400
10 March	Freestyle	Butterfly	Breaststroke	<b>200 Breaststroke</b>
17 March	Breaststroke	Freestyle	Backstroke	<b>200 Butterfly</b>
<b>Saturday 6<sup>th</sup> March</b>	<b><i>Club Championships Day 1</i></b>			
<b>Saturday 20<sup>th</sup> March</b>	<b><i>Club Championships Day 2</i></b>			

Please Note: On nights where the distance event is in **BOLD**, This event will be run first.